

SUGGESTED USE: As a dietary supplement, take 1 capsule per day, with or without food.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with known medical conditions should consult a physician before using this or any dietary supplement.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. KEEP IN A COOL, DRY PLACE.

Developed and distributed by
Dr. Eric Berg DC

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THE KNOWLEDGE DOC®

ZINC

**With Magnesium, Vitamin D3,
and Selenium**

Boosts immune function* Supports skin health*
Supports healthy hair*

30 mg | **60**
PER SERVING | SERVINGS

60 Capsules
Dietary Supplement



Supplement Facts

Serving size 1 capsule
Servings per container 60

	Amount per Serving	%DV
Vitamin D (as cholecalciferol)	12.5 mcg (500 IU)	63%
Vitamin B ₆ (as pyridoxal-5-phosphate)	10 mg	588%
Folate (as calcium 5-methyl-tetrahydrofolate)	300 mcg DFE	75%
Magnesium (as magnesium citrate)	15 mg	4%
Zinc (as zinc amino acid chelate)	30 mg	273%
Selenium (as selenium amino acid chelate)	50 mcg	91%
Copper (as copper orotate)	3 mg	333%

Other ingredients: L-leucine, vegetable capsule, magnesium stearate