

**SUGGESTED USE:** As a dietary supplement, take 1 tablet once per day.

**CAUTION:** Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with known medical conditions should consult a physician before using this or any dietary supplement. Avoid taking if you experience bloating from these types of vegetables.

This food product contains a highly concentrated phytonutrient blend of 10 cruciferous and other vegetables.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE, WITH A LID.**

Certified Organic by QCS

Developed and distributed by Dr. Eric Berg DC

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Dr. Berg Nutritionals®

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Rev. US 01



Dr. Berg®

THE KNOWLEDGE DOC

ORGANIC  
**GREENS  
SUPERFOOD**  
Cruciferous  
Blend

250 Tablets  
Dietary Supplement



## Supplement Facts

Serving size: 1 tablet

Servings per container: 250

	Amount per Serving	%DV
Proprietary blend	450 mg	*
Organic freeze-dried beet ( <i>Beta vulgaris</i> ) (root), organic freeze-dried Brussels sprout ( <i>Brassica oleracea</i> ) (sprout's leaf), organic freeze-dried collard green ( <i>Brassica oleracea</i> ) (leaf), organic freeze-dried asparagus (shoot & stem), organic freeze-dried kale ( <i>Brassica oleracea</i> ) (leaf), organic freeze-dried parsley (leaf), organic freeze-dried red radish ( <i>Raphanus sativus</i> ) (root), organic freeze-dried cabbage ( <i>Brassica oleracea</i> ) (leaf), organic freeze-dried turmeric (root & rhizome), organic freeze-dried sea kelp powder, organic freeze-dried garlic (bulb)		

\*Daily Value not established.

Other ingredients: Organic arabic gum