



Dr. Berg[®]
THE KNOWLEDGE DOC[®]

15.5 g
COLLAGEN
Per Serving

MULTI COLLAGEN PEPTIDES

TYPE I, II, III, V, & X COLLAGEN
HAIR, SKIN, NAIL, AND JOINT SUPPORT[†]

PASTURE-RAISED, GRASS-FED, WILD-CAUGHT
COLLAGEN SOURCES



25 Servings
Dietary Supplement

Powder
Net wt 14.10 oz (400 g)



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MULTI COLLAGEN PEPTIDES

TYPE I, II, III, V, & X

SUGGESTED USE: As a dietary supplement, mix 1 scoop in water, green smoothies, coffee, or drink of your choice once a day.

Dr. Berg Multi Collagen Peptides comes from pasture-raised, grass-fed, and wild-caught collagen sources. This powerful source of Type I, II, III, V, & X collagen promotes healthy skin, hair, and nails, as well as gut health, joint health, and strong bones. Look and feel young again with Dr. Berg Multi Collagen Peptides.*

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with known medical conditions should consult a physician before using this or any dietary supplement.

Store in a cool, dry place; sealed.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

General/Typical Amino Acid Profile (mg/serving)

Alanine	1231 mg
Arginine	1133 mg
Aspartic acid	784 mg
Cysteine	0.4 mg
Glutamic acid	1400 mg
Glycine	3090 mg
Histidine	182 mg
Hydroxylysine	153 mg
Hydroxyproline	1538 mg
Isoleucine	210 mg
Leucine	406 mg
Lycine	504 mg
Methionine	112 mg
Phenylalanine	307 mg
Proline	1858 mg
Serine	462 mg
Threonine	252 mg
Tyrosine	42 mg
Valine	336 mg

Values are estimates only. They are taken from suppliers' documents. Suppliers' documents may be based on average values, literature, or other unknown sources. The values are intended for reference only and not as specifications, and they are not guaranteed.

25 SERVINGS
Dietary Supplement

Supplement Facts

Serving size 1 scoop (16 g)
Servings per container 25

	Amount per Serving	%DV
Calories	60	
Total Carbohydrate	1 g	<1%*
Dietary Fiber	1 g	4%*
Protein	14 g	
Vitamin C	90 mg	100%
Biotin	60 mcg	200%
Sodium	70 mg	3%
Proprietary Blend	15.587 g	**
Bovine collagen peptides, chicken collagen, fish (cod) collagen, eggshell membrane collagen, hyaluronic acid (sodium hyaluronate 95%)		

*Percent Daily Values are based on a 2000 calorie diet.
**Daily Value not established.

Ingredients: Collagen peptides, calcium ascorbate, chicken collagen, fish collagen, eggshell membrane collagen, sodium hyaluronate, biotin **Contains:** fish (cod), egg

Developed and distributed by Dr. Eric Berg DC
To reorder: shop.drberg.com (800) 816-8184
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