

**SUGGESTED USE:** For ages 4 and up. Take 2 wafers daily. Wafers can be easily broken in half if needed. Chew thoroughly before swallowing, always under adult supervision.

**CAUTION:** Parents should consult a physician for children with known medical conditions before using this or any dietary supplement.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Keep out of reach of children.

**DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE, WITH A LID.**

Developed and distributed by  
Dr. Eric Berg DC

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Dr. Berg®

THE KNOWLEDGE DOC

# KIDS MULTIVITAMIN

## MIXED BERRY FLAVORED WAFERS

With vitamin D and essential  
trace minerals

No sugar added

60 Chewable Wafers  
Dietary Supplement

## Supplement Facts

Serving size 2 wafers

Servings per container 30

	Amount per Serving	%DV
Calories	10	
Total Carbohydrate	2 g	1%*
Dietary Fiber	1 g	4%*
Vitamin A (100% as beta-carotene)	62.8 mcg RAE	7%
Vitamin C	50 mg	56%
Vitamin D	28 mcg	140%
Vitamin K	20 mcg	17%
Thiamin	0.35 mg	29%
Riboflavin	1.9 mg	146%
Niacin	5 mg	31%
Vitamin B6	1.5 mg	88%
Folate	525 mcg DFE	131%
Vitamin B12	2 mcg	83%
Biotin	75 mcg	250%
Pantothenic acid	9.5 mg	190%
Iodine	75 mcg	50%
Zinc	3 mg	27%
Manganese	1 mg	43%
Sea buckthorn ( <i>Hippophae rhamnoides L.</i> ) (fruit) powder	50 mg	**
Trace mineral complex	5 mg	**

\* Percent Daily Values are based on a 2000 calorie diet.  
\*\* Daily Value not established.

**Ingredients:** Acai (*Euterpe oleracea Mart.*) (berry), prehydrated gum arabic, erythritol, acerola (*Malpighia glabra L.*) (fruit), fruit and vegetable blend (spinach [leaf], broccoli [flower & stem], carrot [root], beet [entire plant], tomato [fruit], shiitake mushroom, apple [fruit], cranberry [fruit], orange [fruit], blueberry [fruit], strawberry [fruit]), natural flavor, sea buckthorn (*Hippophae rhamnoides L.*) (fruit) powder, potassium citrate, kelp (*Laminaria digitata*) (whole thallus), zinc amino acid chelate, magnesium stearate, cholecalciferol, silicon dioxide, stearic acid, D-calcium pantothenate, manganese amino acid chelate, trace mineral complex, stevia leaf extract, monk fruit (*Siraitia Grosvenorii*) extract (fruit), riboflavin, pyridoxal-5-phosphate, calcium 5-methyltetrahydrofolate, biotin, methylcobalamin

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