

SUGGESTED USE: As a dietary supplement, take 2 capsules per day, with or without meals.

Dr. Berg Electrolyte Capsules provide the perfect balance of electrolytes without the added sugar.†

CAUTION: Do not exceed recommended dose. Individuals who practice heavy exercise or with low sodium levels, we recommend our Sports Hydration Electrolytes with additional sodium. Pregnant or nursing mothers, children under the age of 18, and individuals with known medical conditions should consult a physician before using this or any dietary supplement.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE, WITH A LID.**

Developed and distributed by **Dr. Eric Berg DC**

To reorder: shop.drberg.com (800) 816-8184

Dr. Berg Nutritionals®

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Rev. US 03



Dr. Berg®

THE KNOWLEDGE DOC

ELECTROLYTE CAPSULES

Replenishing electrolytes and trace minerals

160 Capsules

Dietary Supplement

Supplement Facts

Serving size: 2 capsules

Servings per container: 80

	Amount per Serving	%DV
Calcium (from calcium lactate)	38 mg	3%
Magnesium (from magnesium citrate)	50 mg	12%
Chloride (from potassium chloride and pink Himalayan salt)	598 mg	26%
Sodium (from pink Himalayan salt)	184 mg	8%
Potassium (from potassium chloride)	350 mg	7%
Trace mineral complex	10 mg	*

*Daily Value not established.

Other ingredients: Vegetable capsule, magnesium stearate, microcrystalline cellulose