

**SUGGESTED USE:** As a dietary supplement, take 2 capsules per day, any time.

**CAUTION:** Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with known medical conditions should consult a physician before using this or any dietary supplement.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE, WITH A LID.

Developed and distributed by Dr. Eric Berg DC  
To reorder: [shop.drberg.com](http://shop.drberg.com) (800) 816-8184  
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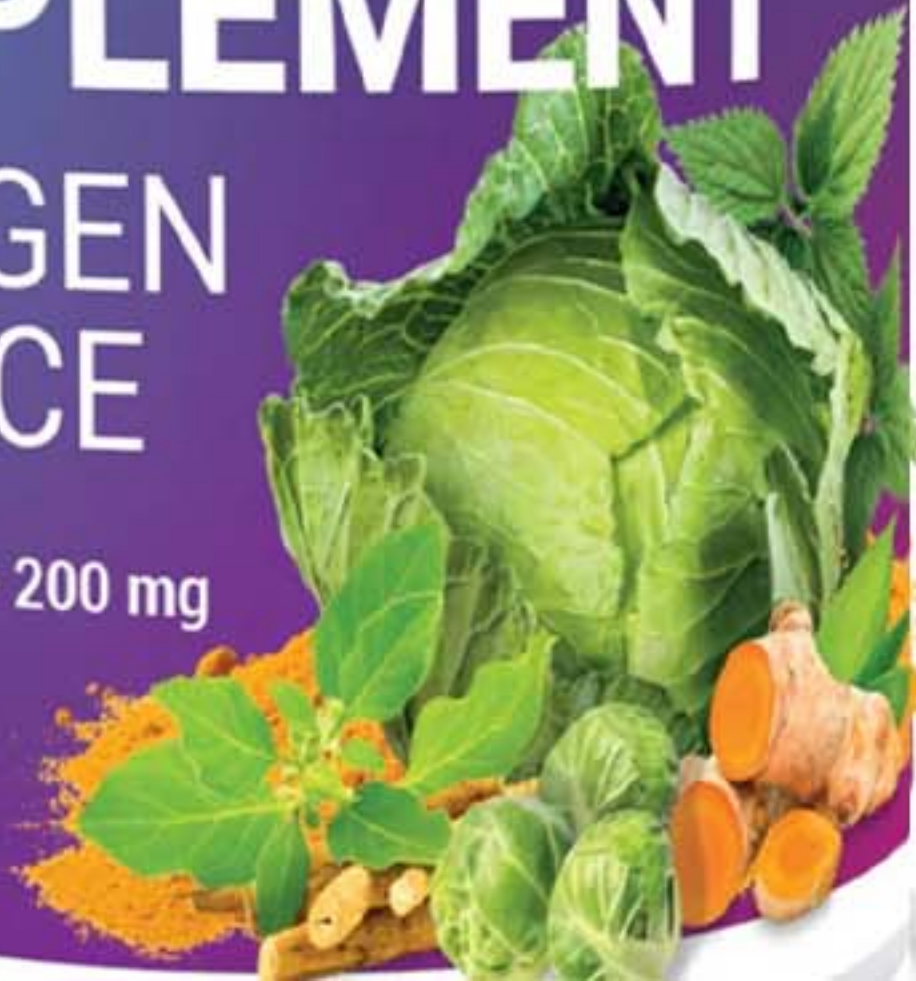
THE KNOWLEDGE DOC

# DIM SUPPLEMENT

## ESTROGEN BALANCE

Diindolylmethane 200 mg

60 Capsules  
Dietary Supplement



## Supplement Facts

Serving size: 2 capsule  
Servings per container: 30

	Amount per Serving	%DV
Vitamin E (as d-alpha tocopheryl succinate)	134 mg	893%
Diindolylmethane	200 mg	*
Proprietary blend	672 mg	*
Black cohosh ( <i>Cimicifuga racemosa</i> ) (root) powder, ashwagandha ( <i>Withania somnifera</i> ) (root) powder, stinging nettle ( <i>Urtica dioica</i> ) (leaf) powder, Brussels sprout (leaf) powder, chaste tree ( <i>Vitex agnus-castus</i> ) (fruit) powder, turmeric ( <i>Curcuma longa</i> ) (root) powder, sea kelp ( <i>Laminaria digitata</i> ), white cabbage ( <i>Brassica oleracea</i> ) (leaf) powder, calcium gluconate, black pepper extract ( <i>Piper nigrum</i> ) (fruit)		

\*Daily Value not established.

**Other ingredients:** Vegetable capsule, microcrystalline cellulose, silicon dioxide, magnesium stearate

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