



Premium Herbal Formulas

Flax-O-Mega®

*Premium Cold-Pressed
Flax Seed Oil • Omega 3 & 6
Non-GMO • Gluten-Free
Dietary Supplement*



90 SOFTGELS



Supplement Facts

Serving Size 2 capsules (1000 mg ea)
Servings Per Container 45

Amount Per Serving	% Daily Value
Calories 20	Calories from fat 20
Total Fat 2 g	3 %*
Saturated Fat 0 g	0 %*
Polyunsaturated Fat 1.5 g	†
Monounsaturated Fat 0.5 g	†
Linolenic acid (omega 3) 1,200 mg	†
Linoleic acid (omega 6) 320 mg	†
Oleic acid (omega 9) 300 mg	†

† Daily Value not established

* Percent Daily Value based on a 2,000 calorie diet

INGREDIENTS: Flax seed oil in softgel of modified corn starch, glycerin, sorbitol, carrageenan (seaweed extract), caramel color, and purified water.

DISTRIBUTED BY: FLORA, INC.
805 E. BADGER RD. LYNDEN,
WA 98264 1.800.446.2110
PRINTED IN CANADA
PRODUCT OF USA 61416BF-R00

SUGGESTED USE: Take 2 capsules three times a day with meals. Store in a cool, dry place. Keep out of reach of children.

Security sealed for your protection. Do not use if seal is missing or damaged.

1.800.446.2110

www.florahealth.com



7

LOT:

BEST BEFORE:

The oil in Flax-O-Mega® softgels is cold-pressed and unrefined from the highest quality, certified organic flax seeds available. It is carefully extracted in a low-heat (below 40°C), light- and oxygen-free environment. Flax-O-Mega® provides 1500 mg of omega 3 and omega 6 essential fatty acids per serving. These two EFAs are important for proper immune system development, digestive support, healthy brain function, and cardiovascular health.* Flax oil also helps maintain soft and smooth skin. * Flora tests every batch of flax seeds to make sure they're free of gluten.

What are GreenCaps?

GreenCaps are new and innovative vegetarian capsules that replace animal-based gelatin caps.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.