

## Product Information

Force Factor Performance Protein™ provides the active body with exactly what it needs: pure, unadulterated, muscle-manufacturing fuel. With 7 powerful proteins, this potent powder prepares you to conquer your most demanding workouts, delivering superior strength, recovery, and, most importantly, results. You'll build the solid, powerful body you deserve and preserve your hard-earned gains. Not a single rep, set, or drop of sweat will go unrewarded. Without Force Factor Performance Protein, you're selling your workouts and your transformation short.†

For decades, bodybuilders and fitness enthusiasts have recognized the necessity of protein for maximizing muscle-building results. Your body requires a positive nitrogen balance to achieve the anabolic state essential for muscle growth. Delivering the nitrogen you need, Force Factor Performance Protein is the solution for creating this positive balance. Without adequate protein, your body will fuel itself by breaking down muscle tissue for energy. Worse, you feel exhausted, your blood sugar spikes and crashes, and you experience the hunger and mind-bending food cravings that pack on pounds of fat, not muscle. Bottom line: You need first-rate protein if you want first-class results.

Getting enough protein shouldn't be a challenge or a hassle. Put away the blender and throw away those old, chunky powders that don't deserve their "chocolate" designations. Force Factor Performance Protein is finer than the competition and its decadent, delicious taste makes it worthy of its mouth-watering flavor label. It can be mixed directly with water to get the quick protein blast you need after a tough workout. Protein is the foundation for transformative results, so why not choose a protein that is effective, easy to take, and downright delectable?

Force Factor Performance Protein delivers everything you've been seeking in a protein powder and more – fueling muscle growth, producing crushing strength, preserving gains, and providing you with the sustainable energy you need to sculpt incredible results.†

## Join Team Force Factor Today!

Force Factor is more than just the sports nutrition brand of champions – it's a lifestyle and a movement. Trusted by thousands of men and women who have seen the real results our products deliver, Force Factor is dedicated to helping you achieve success and see results every day. Our job is to make you leaner, faster, and stronger – period.



# PERFORMANCE PROTEIN™

## RECOVERY

ADVANCED PROTEIN MATRIX

- » Build Lean Muscle' » Gain Strength'
- » Recover Completely' » Preserve Gains'

### FORCE FACTOR

BROWNIE BATTER

2.2 lbs (1 kg)

Dietary Supplement / 25 Servings

Distributed by  
Force Factor, LLC  
Cambridge, MA 02138  
1-866-64-FORCE

MADE IN THE USA

Lot # and Exp. Date



## Performance Protein™ Science

Protein supplementation is critical to achieving the best results from your workouts. But beware, store shelves are jam-packed with nauseating powders that promise results, but deliver stomachaches and little else. Cheap powders often use inferior sources of protein in their blends and are not fortified with key absorption enhancers to help your body actually convert the protein into muscle. And if your body can't use it, why bother choking down the stuff in the first place?

Force Factor® Performance Protein is different. With a matrix of 7 premium proteins, it delivers a steady stream of amino acids to fuel your working muscles and replenish essential nutrients. Absorption- and digestion-enhancing ingredients facilitate nutrient assimilation while a comprehensive vitamin and mineral blend ensures optimal metabolic function.

The 7 proteins in our proprietary blend were specifically selected by biologists to generate the positive nitrogen balance you need for hours of maximum muscle growth in a powerfully anabolic environment. Whey protein isolate and whey protein concentrate provide the initial, fast-acting burst of protein you need to replenish your body before it attacks the muscle tissue you generated with hours of hard work in the gym. Simultaneously, egg albumin and milk protein isolate provide a slower, more sustained release for longer-term, steady tissue growth. Micellar casein, calcium caseinate, and sodium caseinate release even more slowly to provide a continuous stream of protein for several hours to ensure that you get the most out of your workouts and preserve gains hours after you've left the gym. Providing energy, fuel, and delicious flavor to power you from pre-workout to post-workout, Force Factor Performance Protein provides the ultimate foundation for exceptional muscle-building results.

## Maximize Results with Stacking

Force Factor Performance Protein is a complete workout and recovery supplement, but works even more effectively when stacked with other premium Force Factor products. Maximize your pumps, muscle, and power by stacking it with the NO-boosting pre-workout Factor 2™. Carve hard, chiseled, long-lasting muscles by combining Performance Protein with BRX™ to blast through your workouts. Find more stacking suggestions to Unleash Your Potential™ at [www.ForceFactor.com](http://www.ForceFactor.com).

## Usage

As a dietary supplement, add 2 rounded scoops (40g) to 8 oz. of cold water and blend well. Consume 1-3 times per day. Take 30-60 min. before and after your workout.



## SUPPLEMENT FACTS

Serving Size: Two (2) Rounded Scoops (40g)  
Servings per Container: 25

	Amount per Serving	%DV*
<b>Calories</b>	164	
Calories from Fat	36	
<b>Total Fat</b>	4g	6%
Saturated Fat	1.5g	8%
<b>Cholesterol</b>	65mg	22%
<b>Total Carbohydrate</b>	10g	3%
Dietary Fiber	3g	12%
Sugars	3g	
<b>Protein</b>	22g	
Vitamin A	1000IU	20%
Vitamin C	12mg	20%
Vitamin D	80IU	20%
Vitamin E	6IU	20%
Thiamine	0.3mg	20%
Riboflavin	0.34mg	20%
Niacin	4mg	20%
Vitamin B6	0.4mg	20%
Folic Acid	80mcg	20%
Vitamin B12	1.2mcg	20%
Biotin	60mcg	20%
Pantothenic Acid	2mg	20%
Calcium	150mg	15%
Iron	1.8mg	10%
Phosphorous	100mg	10%
Magnesium	40mg	10%
Zinc	1.5mg	10%
Copper	0.2mg	10%
Manganese	0.2mg	10%
Sodium	90mg	4%
Potassium	240mg	7%

\*% Daily Values are based on a 2,000-calorie diet.

Other Ingredients: Protein Blend (Whey Protein Concentrate, Whey Protein Isolate, Calcium Caseinate, Milk Protein Isolate, Micellar Casein, Egg Albumin, Sodium Caseinate), Lipid Performance Blend (Sunflower Oil and Medium Chain Triglycerides (MCT)), Cocoa Powder with Alkali, Polydextrose, Natural and Artificial Flavors, Maltodextrin, Fructose, Performance Fiber Blend (Cellulose Gum, Guar Gum, Xanthan Gum), Vitamin and Mineral Blend (Magnesium Oxide, Ascorbic Acid, dl-alpha tocopheryl acetate, Niacin, Vitamin A Palmitate, Dicalcium Phosphate, Ferrous Fumarate, d-Calcium Pantothenate, Zinc Oxide, Vitamin D-3, Vitamin B12 (Cyanocobalamin)), Soy Lecithin, Acesulfame Potassium, Sucralose, Enzyme Blend (Lactase, Protease, Amylase, Lipase, Cellulase).

CONTAINS: Milk, Egg, and Soy.

Allergen Warning: Manufactured by equipment which processes products containing milk, eggs, soybeans, wheat, shellfish, fish oil, tree nuts, and peanut flavor.

Precautions: Store at 15-30°C (59-86°F). Keep out of reach of children. Do not use this product if printed inner seal is missing or broken.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.