

**DIRECTIONS:** Take two capsules daily before bed, or as directed by a healthcare professional, as a dietary supplement.

**DO NOT USE IF SAFETY SEAL IS BROKEN.**

Store at room temperature.

**WARNING:** Use before bed only. This product is not intended for individuals under the age of 18 or women who are pregnant, may become pregnant, or breastfeeding. If you are taking any medications or have a medical conditions, consult your doctor before use. This product may cause drowsiness. Do not drive or operate heavy machinery within eight (8) hours of taking this product.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

# Celebrate

## Sleep + Magnesium

DIETARY SUPPLEMENT

60 CAPSULES

### Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 30

Amount Per Serving		% Daily Value
Magnesium	100 mg	24%
(as magnesium bisglycinate chelate)		
Valerian root extract	200 mg	*
Hops flower extract	100 mg	*
Melatonin	5 mg	*

\*Daily Value not established.

Other Ingredients: Hypromellose, vegetable magnesium stearate, silica and rice flour.

J834061



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516 CORPORATE PKWY, WADSWORTH, OH 44281, USA  
CelebrateVitamins.com 877-426-1953

