

Angstrom Selenium is *ionic* selenium for best absorption.

Angstrom Minerals are:

- Cell ready minerals
- Ionic minerals
- Liquid minerals
- Bio available
- Sub lingual

**No Colors
No Flavors
No Fillers**

Directions: Adults take ½ - 1 teaspoon daily with food by placing under tongue for 30 seconds.

Consult a health care practitioner for use with all individuals especially those under age 14.

As with any nutritional product, to receive the desired benefit, this product should be used in conjunction with a well balanced diet and exercise program. Please consult a physician before beginning any nutritional program.

CAUTION: Do not use if tamper-evident seal is either broken or missing. Keep tightly closed. Consult a health care practitioner if pregnant or lactating.
KEEP OUT OF REACH OF CHILDREN

angstrom-minerals.com
855-743-5485



Ionic Selenium

DIETARY SUPPLEMENT

40 mg/L

16 FLUID OUNCES

SUPPLEMENT FACTS

Serving Size	1/2 Teaspoon	1 Teaspoon
Serving/Container	192	96
Amount Per Serving	>181.5% D. V. for Adults	>363% D. V. for Adults

Selenium* 100 mcg 200 mcg

Other ingredients: Purified Water (Reverse Osmosis and Ozone are used)

Nutrition Facts	% D. V.	% D. V.
Calories	0 g	0 g
Total Fat	0 g	0 g
Total Carbohydrates	0 g	0 g
Protein	0 g	0 g

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

*Derived from sodium selenate

