



38g Protein including METAMYOSYN® Blend

MET-Rx®

ENGINEERED NUTRITION®

Meal Replacement

Complete Protein Blend to Help Build Lean Muscle*

- 3g L-Glutamine
- Over 6g BCAAs from protein
- Low Fat
- Aspartame Free!

40-2.54 OZ. (72 g) PACKETS - NET WT. 101.5 OZ. (6.34 LB.) (2.88 kg)

Original Vanilla

Naturally and Artificially Flavored

Protein Powder

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

MET-Rx® "Original" Meal Replacement

MET-Rx® "Original" Meal Replacement revolutionized meal replacement powders with the METAMYOSYN® Protein Blend. We've upgraded the original formula to take out everything you didn't want while keeping in the exclusive METAMYOSYN® protein blend. METAMYOSYN® combines slow-acting casein with milk protein, which is a natural source of whey and casein. The result is a highly bioavailable fuel that helps build lean muscle mass and strength.*

- Free of hydrogenated oils, which means 0g trans-fats.
- The exclusive METAMYOSYN® protein blend to help build lean muscle.*
- Low fat to support a lean, healthy body.
- 20 grams of carbohydrates to support muscle glycogen needs as well as energy levels at rest and during exercise.*
- 25 Essential Vitamins & Minerals, with 100% DV Calcium to support your body's nutritional needs.
- Aspartame Free
- No added sugar**
- Gluten Free

MET-Rx® Meal Replacement Powder is the foundational supplement for all athletes looking to improve their overall health and physique. It is a great-lasting way to make sure you are getting the balanced nutrition you need to reach your fitness goals.* Plus, our convenient packets mean you can take them whenever and wherever your athletic lifestyle takes you.

Balanced nutrition is important to anyone looking to create a lean, healthy body. One packet provides an excellent source of important vitamins and minerals with a proper balance of carbohydrates, proteins and fats, plus electrolytes. This combination helps keep you on track in and out of the gym.

Why take chances with your meal replacement - trust the unique METAMYOSYN® protein blend.

THE SECRET IS THE SOURCE OF PROTEIN!

METAMYOSYN® protein is a superior quality blend, which combines premium casein with milk proteins, plus L-Glutamine and naturally occurring Branched Chain Amino Acids from protein - Isoleucine, Leucine and Valine. The precise combination of proteins in METAMYOSYN® provides your body with a highly bioavailable fuel to meet your nutritional needs.

Casein is a slow-acting protein, which results in a more prolonged absorption rate to extend the delivery of amino acids to muscles. Milk protein naturally contains both whey and casein - to provide slow and fast-digesting properties.

MET-Rx® METAMYOSYN®, Trust the Original!

Print No. 20-10705



Directions: For adults, add one (1) packet to 16-20 fl. ounces of cold water or milk and mix thoroughly in a shaker or blender. Increase or decrease the amount of liquid to achieve desired consistency. Drink two shakes per day for best results. As a caution, choose the supplements and medications you take with your health care provider. For Maximum and Higher Calorie Needs, use 2 packets. 1-2 fl. ozs. and hot water. For Dieters and Lower Calorie Needs, use 1 packet with 8-12 fl. ozs. and hot water.

Contains 10g Total Fat, 20g Total Carbohydrate, and 38g Protein per 1.5 oz. (42.5g) packet.

Contains 10g Total Fat, 20g Total Carbohydrate, and 38g Protein per 1.5 oz. (42.5g) packet.

Essential Amino Acids		Nonessential Amino Acids	
Alanine	1,110 mg	Aspartic Acid	2,440 mg
Arginine	1,210 mg	Cysteine	710 mg
Aspartic Acid	2,440 mg	Glutamic Acid	7,050 mg
Cysteine	710 mg	Glycine	1,530 mg
Glutamic Acid	7,050 mg	Proline	3,380 mg
Glycine	1,530 mg	Serine	1,550 mg
Proline	3,380 mg	Tyrosine	1,050 mg
Serine	1,550 mg		
Tyrosine	1,050 mg		

Nutrition Facts

Amount Per Serving (1.5 oz. Packet)

Total Fat		% Daily Value*
10g		20%
Total Carbohydrate		% Daily Value*
20g		40%
Protein		% Daily Value*
38g		76%
Total (Includes Fiber)		% Daily Value*
38g		76%
Fiber		% Daily Value*
0g		0%

Vitamin		% Daily Value*
Vitamin A	100%	100%
Vitamin B1	100%	100%
Vitamin B2	100%	100%
Vitamin B3	100%	100%
Vitamin B5	100%	100%
Vitamin B6	100%	100%
Vitamin B7	100%	100%
Vitamin B9	100%	100%
Vitamin C	100%	100%
Vitamin D	100%	100%
Vitamin E	100%	100%
Vitamin K	100%	100%
Calcium	100%	100%
Iron	100%	100%
Magnesium	100%	100%
Phosphorus	100%	100%
Potassium	100%	100%
Sodium	100%	100%
Zinc	100%	100%

Total Fat		% Daily Value*
10g		20%
Total Carbohydrate		% Daily Value*
20g		40%
Protein		% Daily Value*
38g		76%

*Percent Daily Values are based on a 

MET-Rx®

Shaping Every Body.

38g Protein including METAMYOSYN® Blend

Gluten FREE

MET-Rx®

ENGINEERED NUTRITION®

Meal Replacement

Complete Protein Blend to Help Build Lean Muscle*

\$20 OFF

MET-Rx 180

See Inside for Details

Original Vanilla

Naturally and Artificially Flavored

Protein Powder

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

- 3g L-Glutamine
- Over 6g BCAAs from protein
- Low Fat
- Aspartame Free!

LEARN MORE by scanning QR CODE with your Smart Phone



Gluten FREE

38g Protein including METAMYOSYN® Blend

\$20 OFF

MET-Rx 180

See Inside for Details

MET-Rx®

ENGINEERED NUTRITION®

Meal Replacement

Complete Protein Blend to Help Build Lean Muscle*

Original Vanilla

Naturally and Artificially Flavored

Protein Powder

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

- 3g L-Glutamine
- Over 6g BCAAs from protein
- Low Fat
- Aspartame Free!

LEARN MORE by scanning QR CODE with your Smart Phone



40-2.54 OZ. (72 g) PACKETS - NET WT. 101.5 OZ. (6.34 LB.) (2.88 kg)