

Pure Premium Oil

Vegetarian

IDHA Flax Oil

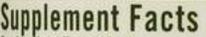
Supports cognitive function and eye health*

Cold-Pressed & Unrefined
Non-GMO

Dietary Supplement

8.5 FL. OZ. (250 mL)





Serving Size 1 Tbsp. (15 mL) Servings Per Container about 16

Amount Per Serving	% Daily Value
Caltries 120 Ca	lories from Fat 120
Total Fat 13 g	20%*
Saturated Fat 1 g	5%*
Polyunsaturated Fat 9	g f
Monounsaturated Fat	2.5 g †
Omega-3 fatty acids 7 g	1
ALA (alpha-linolenic a	cid) 7 g
DHA (docosahexaenoi	c acid) 100 mg
Omega-6 LA (linoleic acid	d) 2 g †
Omega-9 OA (oleic acid) 2	

1 Daily Value not established.

* Pecent Daily Value based on a 2,000 calonie diet.

1.800.446.2110 www.florahealth.com

INGREDIENTS: Organic flax seed oil, algal al (Schizochytrium sp.), rosemany leaf estract**, bit oleic sunflower seed oil, tocopherois**, ascelul palimitate** (** as antonium)

MANUFACTURED BY: FLORA, INC., 805 E. BADGER RD. LYNDEN, WA 98264 1.800.446.2110

SUGGESTED USE: Shake well before using Tale I tolerant one to three times daily with meals. FOR OPINION FRESHNESS, KEEP REFRIGERATED AND USE WITH 8 WEEKS AFTER OPENING. Can be frozen to maintain freshness. DO NOT heat or use for frying.

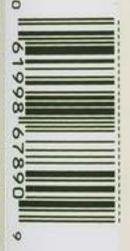
One serving of Flora Vegetarian DBA Flat Bl protes 103 milligrams of EPA and DHA Omego-3 felty axis. Se Supplement Facts panel for fat content.)

CAUTION: The FDA recommends that total daily intile of EPA and DHA from all sources should not exceed 3 per per day, and not more than 2 grams per day but dear supplements. Security sealed for your protector, to set use if seal is missing or damaged.

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Fresh-Pressed

Flora BHA Flax Oil is a vegetarian source of unrefined docosahexaenoic acid (DHA) blended with organic Flora Flax Oil to provide vegetarian (algaederived) DHA. DHA is an omega-3 fatty acid that is essential in all stages of life." In adults, DHA is essential for the proper functioning of the brain, and in the first six months of life, DHA is essential for the proper development of the nervous system and visual abilities.* Flora's DHA Flax Oil is pressed from certified organic flax seeds (third party certification) that have been carefully selected for flavor and maturity. Each and every batch of flax seed is also tested to ensure it is gluten-free. Flora's high standards guarantee this product to be GMO-free The seeds are pressed in a state-of-the-art, low-heat, light- and oxygen-free environment-then bottled in light-resistant, amber glass to ensure maximum nutritional value and freshness. Flora's DHA Flax Oil provides omega-3 and omega-6 essential fatty acids (EFA) for the maintenance of good health."

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.