

18 - 2.54 oz. (72 g) PACKETS • MET WT. 45.7 oz. (2.85 LB.) 1.29 kg

**Protein Powder**  
NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

**Extreme Chocolate**  
Naturally and Artificially Flavored

**Complete Protein Blend to Help Build Lean Muscle\***

**39g Protein including METAMYOSYN® Blend**

**Gluten FREE**

**Aspartame Free!**

**Low Fat**

**Over 6g BCAAs from protein**

**3g L-Glutamine**

**ENGINEERED NUTRITION®**

**MET-Rx®**

**Meal Replacement**

**\$20 OFF**  
MET-Rx® 180g  
See Inside for Details

**Protein Powder**  
NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

**LEAN MORE by scanning QR CODE with your Smart Phone**

18 - 2.54 oz. (72 g) PACKETS • NET WT. 45.7 oz. (2.85 LB.) 1.29 kg

Print No. 20-1670A

16702-00F 16701-07B 16701-07B 16702-00F 16702-00F 16702-00F

**Directions:** For adults, add one (1) packet to 16.9 fl. oz. amount of cold water or milk and mix thoroughly in a shaker bottle. Increase or decrease the amount of liquid to achieve desired consistency. Drink 1-2 shakes per day for best results. As a reminder, discuss the appropriate use of this product with your doctor before use. For the best looking and highest calorie blend, use as a meal replacement. 1.5% milk and low lactose.

**For Diets:** Add one packet to 16.9 fl. oz. amount of cold water or milk and mix thoroughly in a shaker bottle. Increase or decrease the amount of liquid to achieve desired consistency. Drink 1-2 shakes per day for best results. As a reminder, discuss the appropriate use of this product with your doctor before use. For the best looking and highest calorie blend, use as a meal replacement. 1.5% milk and low lactose.

**Use MET-Rx® Meal Replacement any time of the day including:**

**As Between Meals:** Keep levels of amino acids elevated in your body to meet up late in the evening and keep your metabolism high.

**Before Bed:** The high content of slow-digesting proteins in MET-Rx® Meal Replacement makes it a perfect bedtime supplement as it provides "slow-release" amino acids delivered to your body.

**Typical Amino Acid Profile (milligrams per 72 g packet\*\*\*\*)**

| Essential Amino Acids |          | Nonessential Amino Acids |          |
|-----------------------|----------|--------------------------|----------|
| Histidine             | 1,010 mg | Alanine                  | 1,115 mg |
| Isoleucine            | 1,080 mg | Arginine                 | 1,200 mg |
| Leucine               | 2,734 mg | Aspartic Acid            | 2,400 mg |
| Lysine                | 1,980 mg | Cysteine                 | 215 mg   |
| Methionine            | 1,980 mg | Glutamic Acid            | 7,550 mg |
| Phenylalanine         | 1,980 mg | Glycine                  | 634 mg   |
| Threonine             | 1,505 mg | Proline                  | 3,360 mg |
| Tryptophan****        | 281 mg   | Serine                   | 1,800 mg |
| Valine                | 2,141 mg | Tyrosine                 | 1,404 mg |

\*\*\*\*Tryptophan is naturally occurring, not added. \*\*\*\*approximate values

**Nutrition Facts**  
Serving Size 1 Packet (72g)  
Servings Per Container 18

| Amount Per Serving            |     | % Daily Value* |
|-------------------------------|-----|----------------|
| <b>Total Fat</b> 10g          | 20% |                |
| <b>Sodium</b> 100mg           | 2%  |                |
| <b>Total Crap</b> 10g         | 20% |                |
| <b>Protein</b> 39g            | 78% |                |
| <b>Sugar</b> 10g              | 20% |                |
| <b>Total Carbohydrate</b> 10g | 20% |                |
| <b>Calories</b> 100           | 20% |                |
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