

* Low Fat

· Over 6g BCAAs from protein • 3g L-Glutamine

EXILEME CHOCOLATE

Complete Protein Blend to Help Build Lean Muscle*

ineal Keplacement ENGINEERED NUTRITION®

Blend

ENGINEERED NUTRITION®

Meal Replacement

Complete Protein Blend to Help Build Lean Muscle*

18 - 2.54 oz. (72 g) PACKETS - NET WT. 45.7 oz. (2.85 LB.) 1.29 kg

Extreme Chocolate Naturally and Artificially Flavored 3g L-Glutamine

 Over 6g BCAAs from protein

Low Fat

Aspartame Free!

Protein Powder

NOTICE: Use this product as a food supplement only. Do not use for weight reduction



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Directions: For adults, add one (1) picket to 16-20 ff, sonces of cold water or milk and mix thoroughly in a shaker or blender, increase or discrease the answard of liquid to achieve devired considered, think two shakes per day the best results. So, a reminder, discouse the supplements and medications yet table with your health care providers. For Mass Galekey add higher caterie toods such as peasel buffer, 1-2% milk, and huit juices. For Bisten; add lower calarie loods such as skim milk or just use water. Use MET-Rx[®] Meal Replacement any time of the day including:

lemediately After Exercise: Makes an exzellent post-worksat shake by providing proteins for muscle support also allow digenting proteins for extended amino acid delivery and

Before Bed: The high content of slow-diposting problem in MCT-Ra' Meal Regiscereral moles: It a perfect before-bed supplement as a provides "laws-released" arrivo acid delivery to your bady. With Meade: Dried along with your meal to increase the

overall pretoin quality and content. You can also reix into salmessi or add to recipes such as pancake and watte mises.

Essential Amino Acids		Nonessential Amino Acids	
Histicline	1,010 mg	Alanine	1,115 m;
Isoleucine	1,667 mg	Arganire	1,250 m;
Leucine	3,159 mg	Aspartic Acid	2,455 m;
Lysine	2,704 mg	Cysteine	216 m;
Mathionine	951 mg	Gilytarric Acid	7,056 m;
Phenylalanine	1,668 mg	Glycine	634 m;
Threcoine	1,505 mg	Proline	3,366 m;
Tryptophan*****	381 mg	Serine	1,868 m;
Valine	2,141 mg	Tyrosine	1,804 m;

Nutrition Facts

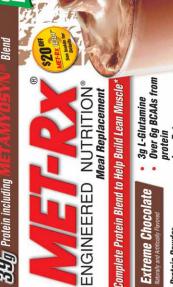
Glutamine, Whey Protein Concentrate, Egg White todestrin, Cocoa (processed with alkali), Vitami nd Mineral Blend (Dicalcium Phosphate, Dipotassium osphate, Potassium Chloride, Potassium Citrate. fagnesium Dxide, Sodium Citrate, Ascorbic Acid, ricalcium Phosphate, di-Alpha Tocopheryl Acetate. Total Fat 30 Saturated F Trans Fat 0 Ferrous Fumarate, Niacinamide, Beta-Carotene, Atamin A Palmitate, Calcium Sulfate, Zinc Oxide. -Calcium Pantothenate, Copper Sulfate, Manganese ulfate. Pyridoxine Hydrochloride. Thiamin drochloride, Riboflavin, Sodium Selenite, Folic Acid. tromium Picolinate, Biotin, Sodium Molybdate, stassium Iodide, Phytonadione, Cholecalciferol, yanocobalamin), Natural and Artificial Flavors, ion-Dairy Creamer (Sunflower Git, Maltodextrin, odium Caseinate, Mono- & Di-glycerides, Natural ocophernis, Silicon Dinvida, Tricalcium Phosphatei cium Lactate, Cellulose Gum, Xanthan Gum, Salt Acesultame Potassium Guar Gum Carrageeran Sou ecithin, Sucralose, Gelatin ntains milk, egg and soy ingredients.

WARNING: If you are pregnant, mursing, taking any redications, planning any medical procedure or have ny medical condition, consult your doctor before use. continue use and consult your doctor if any adverse actions occur. Not intended for use by persons under the age of 18.

redients: METAMYOSYN® Postein Riend (Milk

KEEP OUT OF REACH OF CHILDREN, STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF PACKET IS TORN OR OPEN.





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Blend

Extreme Chocolate

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(2.85 LB.) 1.29

MET-Rx® "Original" Meal Replacement

MET-Rx® "Original" Meal Replacement revolutionized meal replacement powders with the METAMYOSYN® Protein Blend. We've upgraded the original formula to take out everything you didn't want while keeping in the exclusive METAMYOSYN® protein blend. METAMYOSYN® combines slow-acting casein with milk protein, which is a natural source of whey and casein. The result is a highly bioavailable fuel that helps build lean muscle mass and strength.*

- · Free of hydrogenated oils, which means 0g trans-fats.
- . The exclusive METAMYOSYN® protein blend to help build lean
- . Low fat to support a lean, healthy body.
- 17 grams of carbohydrates to support muscle glycogen needs as well as energy levels at rest and during exercise."
- 25 Essential Vitamins & Minerals, with 100% DV Calcium to support your body's nutritional needs.
- Aspartame Free
- . No added sugar*

MET-Rx® Meal Replacement Powder is the foundational supplement for all athletes looking to improve their overall health and physique. It is a great-tasting way to make sure you are getting the balanced nutrition you need to reach your fitness goals." Plus, our convenient packets mean you can take them whenever and wherever your athletic lifestyle takes

Balanced nutrition is important to anyone looking to create a lean, healthy body. One packet provides an excellent source of important vitamins and minerals with a proper balance of carbohydrates, proteins and fats, plus electrolytes. This combination helps keep you on track in

Why take chances with your meal replacement - trust the unique METAMYOSYN® protein blend.

THE SECRET IS THE SOURCE OF PROTEIN!

METAMYOSYN® protein is a superior quality blend, which combines premium casein with milk proteins, plus L-Glutamine and naturally occurring Branched Chain Amino Acids from protein - Isoleucine.

Leucine and Valine. The precise combination of proteins in METAMYOSYN® provides your body with a highly bioavailable fuel to meet your nutritional needs. Casein is a slow-acting protein, which results in a more prolonged absorption rate to extend the delivery of amino acids to muscles. Milk protein naturally contains both whey and casein - to provide slow and

fast-digesting properties. MET-Rx® METAMYOSYN®, Trust the Original!