FLORA

Pure Premium Oil

Certified Organic

Flax Oil

Cold-Pressed & Unrefined

Non-GMO • Gluten-Free

Dietary Supplement

USDA ORGANIC

8.5 FL. OZ.
(250 mL)

NON GMO Project VERIFIED
nongmoproject.org

Supplement Facts

Serving Size 1 Tbsp. (15 mL)
Servings Per Container about 16

Amount Per Serving	% Daily Value
Calories 125 Calories from Fat 125	
Total Fat 14 g	22%*
Saturated Fat 1 g	5%*
Trans Fat 0 g	†
Polyunsaturated Fat 10 g	†
Monounsaturated Fat 2.5 g	†
Omega-3 ALA (alpha-linolenic acid) 8 g	†
Omega-6 LA (linoleic acid) 2 g	†
Omega-9 OA (oleic acid) 2.5 g	†

† Daily Value not established.
*Percent Daily Value based on a 2,000 calorie diet.

INGREDIENTS: Organic flax seed oil. Nitrogen-flushed to maintain freshness.

MANUFACTURED BY:
FLORA, INC.,
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LYNDEN, WA 98264
1.800.446.2110

CERTIFIED ORGANIC BY QAI 67900-007

SUGGESTED USE: Shake well before using. Take 1 tbsp. up to 3 times daily. **FOR OPTIMUM FRESHNESS, KEEP PRODUCT REFRIGERATED** and use within 2 months after opening. Flax oil can be frozen to maintain freshness. It tastes delicious alone or may be combined with food such as salad dressings, sauces, power shakes, on vegetables, or spread on bread. **DO NOT** heat above 300° F or use for frying.

Security sealed for your protection.
Do not use if seal is missing or damaged.

BCK

1.800.446.2110
www.florahealth.com

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Fresh-Pressed

Flora Flax Oil is pressed from certified organic flax seeds (third party certification) that have been carefully selected for flavor and maturity. Each and every batch of flax seed is also tested to ensure it is gluten-free. To ensure Flora's Flax Oil is the safest, highest quality oil possible, it is GMO-free in accordance with organic standards

The seeds are pressed in a state-of-the-art, low-heat, light- and oxygen-free environment—then bottled in light-resistant, amber glass to ensure maximum nutritional value and freshness. Flora Flax Oil is a source of omega-3 and omega-6 essential fatty acids (EFA) for the maintenance of good health.*

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.