

Directions: Take 1-2 vegetarian capsule preferably with breakfast or as directed by your qualified health care professional.

Quality • Purity • Potency

Paradise products have won over a decade of Best of Supplements Awards. We are dedicated to sourcing premium ultra pure ingredients that meet the highest standards of excellence.**

Nature Synergized™ with Real Whole-Food Goodness

Paradise Earth's Blend B-Complex is truly a Nature Synergized superfood. It provides enzymatically active forms of critical B vitamins B-1, B-2, B-6, Folic Acid and B-12. Our formula uses real whole-food goodness paired with vitamins, probiotics and anti-stress adaptogens to go beyond mere deficiencies and help support overall whole system health. B vitamins are essential for the metabolism and the production of energy from foods. B vitamins need to be replenished as they are water soluble and easily excreted from the body.**

WARNING: As with any supplement, if you are pregnant, nursing or taking medication, consult your doctor before use. Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

**These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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Paradise
EST. 1994

Earth's Blend

B-COMPLEX

ENZYMATICALLY ACTIVE FORMS

Vegan • Non-GMO • Gluten Free



Alkalinizing Superfood Formula with
Stress & Energy Adaptogens

60 VEGETARIAN CAPSULES | DIETARY SUPPLEMENT

Supplement Facts		Servings Per Container: 30	
Serving Size: 2 Vegetarian Capsules			
Amount Per Serving	% D/V	Amount Per Serving	% D/V
Vitamin B-1 (as Benfotamine).....	10 mg 667%	Stress & Energy Adaptogens 33 mg* (Extracts) Cordyceps Cs-4 8:1 extract (7% cordycepic acid), Eleuthero root bark 50:1 extract, Reishi fruiting body hot water extract, Rhodiola root 10:1 extract, Jiaogulan/Gynostemma aerial part extract, Agaricus fruiting body hot water extract, Maitake fruiting body hot water extract, Shiitake fruiting body hot water extract, Holy Basil leaf extract, Ashwagandha root extract, Astragalus root extract, Schisandra berry extract, Goli/Lycium berry extract, American Ginseng extract, Suma root extract, Licorice root extract, Ginger rhizome extract, Tangerine Peel extract (Chen pi), Organic Maca Root, Milk Thistle seed extract (80% silymarin), Turmeric rhizome extract, Artichoke leaf extract, Cinnamon bark extract, Organic Green & White Tea extract, Grape seed extract	
Vitamin B-1 (as Thiamin Mononitrate).....	10mg 667%		
Vitamin B-2 (as Riboflavin-5-Phosphate) 50 mg	2940%		
Vitamin B-3 Niacin (as Niacinamide).....	50 mg 250%		
Vitamin B-6 (as Pyridoxal-5-Phosphate)..	50 mg 2500%		
Folate (as L-Methylfolate).....	400 mcg 100%		
Vitamin B-12 (as Methylcobalamin).....	500 mcg 8335%		
Biotin.....	300 mcg 100%		
Vitamin B-5 (as Calcium Pantothenate)...	50 mg 500%		
Choline Bitartrate.....	50 mg 100%		
Inositol.....	50 mg 1667%		
Nature's C* Veggie Berry Blend	75 mg*		
Quercetin, Organic Acerola berry, Organic Camu Camu, Organic Amla fruit, Organic Acai, Organic Go Ji berry, Organic Spinach, Organic Broccoli sprout, Organic Parsley, Organic Kale, Organic Tomato, Organic Strawberry, Organic Raspberry, Organic Blueberry, Organic Tart Cherry, Organic Pomegranate, Organic Cranberry			
Organic Alkalinizing Green Juice Powders	65 mg*		
Wheat grass, KAMIJT* khorasan wheat, Alfalfa grass, Barley grass, Oat grass (All organic grass juice powders)			
Organic Aqua Superfoods	47 mg*		
Organic Spirulina, Organic Chlorella			
Probiotics 31 mg*			
(d. free -90 million at time of mfg.)			
L. Acidophilus, L. Casei Rhamnosus, B. Longum, S. Thermophilus, L. Plantarum. Prebiotics- Oat beta-glucan fiber, Beet fiber, Inulin FOS (Chicory)			

*Daily Value not established

Other Ingredients: Vegetarian Capsule (plant cellulose). No fillers, binders or common allergens.

Formulated and distributed by Paradise Herbs & Essentials, Inc.
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