

Vitamin E is a powerful antioxidant and is known to support immune health and function.\* As a powerful free radical scavenger, Vitamin E can help fight oxidative stress in the body.\* This product contains four different tocopherols.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

<b>YES</b> CERTIFIED GLUTEN-FREE BY GFCO.ORG	<b>NO</b> YEAST, WHEAT OR MILK
<b>YES</b> RECYCLABLE PACKAGING	<b>NO</b> SUGAR OR PRESERVATIVES
<b>YES</b> MANUFACTURING SUPPORTS WIND POWER	<b>NO</b> ARTIFICIAL COLORS, FLAVORS OR SWEETENERS
	<b>NO</b> MAGNESIUM STEARATE

This product has been manufactured at a GMP Registered facility.  
Lot No:

Best by:



Dietary Supplement

90 Softgels

— Our PLEDGE of INTEGRITY —  
AUTHENTICITY • CLEANLINESS • FRESHNESS  
CONSISTENCY • ACCURACY

ESTABLISHED  
— 1971 —  
Country  
Life

# NATURAL VITAMIN E-COMPLEX

268 mg (400 I.U.)  
with Mixed Tocopherols  
Certified Gluten-Free

- ▶ Powerful antioxidant\*
- ▶ Supports immune health\*

**Directions:** Adults take one (1) softgel daily. For best utilization, take with food. As a reminder, discuss the supplements and medications that you take with your health care providers.

## Supplement Facts

Serving Size 1 softgel

Amount Per Serving	% Daily Value	
Vitamin E (as d-alpha tocopherol with natural unesterified d-beta, d-delta, d-gamma tocopherols)	268 mg (400 I.U.)	1,787%

Other Ingredients: Soybean oil, gelatin, glycerin, purified water (capsule shell). Contains soy.  
100% bovine gelatin, BSE-free.

**CAUTION:** If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

**Do not accept if seal is broken. Store between 59° - 86° F. Keep out of the reach of children.**

MADE IN THE USA WITH GLOBALLY SOURCED INGREDIENTS  
Manufactured for Country Life, LLC  
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)  
CountryLifeVitamins.com • Product No. 7832