

Looking for an energy boost?
This methylated form of B12 easily
digests and is quickly absorbed into your body.*
Suitable for vegetarians and vegans.

* These statements have not been evaluated by the Food
and Drug Administration. This product is not intended to
diagnose, treat, cure, or prevent any disease.

YES	CERTIFIED GLUTEN-FREE BY GFCO.ORG	NO	YEAST, MILK OR SOY
YES	CERTIFIED VEGAN BY THE AVA	NO	SALT, SUGAR OR PRESERVATIVES
YES	RECYCLABLE PACKAGING	NO	ARTIFICIAL COLORS, FLAVORS OR SWEETENERS
YES	MANUFACTURING SUPPORTS WIND POWER	NO	MAGNESIUM STEARATE
YES	KOSHER		

This product has been manufactured at a GMP Registered facility.

Lot No:



Best by:



METHYL B12

5,000 mcg

Certified Gluten-Free

Supports energy and stamina*



CHERRY
FLAVOR

Dietary Supplement 60 Lozenges

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Directions: Adults take one (1)
lozenge daily and hold in mouth before
swallowing. As a reminder, discuss the
supplements and medications that you take with your
health care providers.

Supplement Facts

Serving Size 1 lozenge

Amount Per Serving	% Daily Value	
Vitamin B12 (as methylcobalamin)	5,000 mcg	208,333%

Other Ingredients: Xylitol, cellulose, stearic acid, dextrin,
natural cherry flavor, silica.

CAUTION: If you are pregnant, nursing, or taking
medication, have a medical condition or planning surgery,
consult a doctor before using this product. Stop using and
consult a doctor if any adverse reactions occur.

Do not accept if seal is broken.
Store in a dry place between 59°- 86° F.
Keep out of the reach of children.

Manufactured by Country Life, LLC
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com
Product No. 6304