

11A22

Directions: Adults take one (1) to two (2) capsules daily, preferably before or between meals. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care/lab providers.

Lot No:

Best by:

**Supplement Facts**

Serving Size 2 capsules
Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin C (from ascorbic acid, potassium ascorbate, calcium ascorbate, magnesium ascorbate, zinc ascorbate, manganese ascorbate, copper ascorbate, chromium ascorbate)	60 mg 67%
Thiamin (Vitamin B1) (as thiamine hydrochloride, thiamine cocarboxylase chloride)	26 mg 2,167%
Riboflavin (Vitamin B2) (as riboflavin, riboflavin 5' phosphate)	37 mg 2,846%
Niacin (as inositol hexaniacinate, Nicotinamide Adenine Dinucleotide Reduced [NADH])	53 mg 331%
Vitamin B6 (as pyridoxine hydrochloride, pyridoxal 5' phosphate, pyridoxine alpha-ketoglutarate hydrochloride)	50 mg 2,941%
Folate (as folic acid, (6S)-5-Methyltetrahydrofolate-glucosamine salt)	360 mcg DFE 90% (216 mcg folic acid)
Vitamin B12 (as methylcobalamin)	400 mcg 16,667%
Biotin (as d-Biotin)	300 mcg 1,000%
Pantothenic Acid (as calcium d-pantothenate, panthothen)	76 mg 1,520%
Benfotiamine	25 mg *
LifePQQ™ (Pyrroloquinoline quinone disodium salt)	5 mg *
Nicotinamide Adenine Dinucleotide Reduced [NADH]	500 mcg *

* Daily Value not established.

Other Ingredients: Cellulose, cellulose (capsule shell), silica, rice bran extract, vegetable glaze, sunflower oil.

Manufactured by Country Life, LLC
180 Vanderbilt Motor Parkway,
Hempstead, NY 11788 (USA)
CountryLifeVitamins.com

Product No. 6402

From the leader in Vitamin B-complexes, comes Country Life's most advanced, powerful and revolutionary B-Complex that is "coenzymated" in a form that the body can use.

CAUTION: Not for use by women intending to become pregnant, pregnant, or lactating. If you have a medical condition (including diabetes or hypoglycemia), taking medication or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

Quatrefolic® is a registered trademark of Gnosis S.p.A., U.S. Patent No. 7,947,662.



LifePQQ™ is a trademark of Nutraland USA, Inc.

This product has been manufactured at a GMP Registered facility.

** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



- YES** CERTIFIED GLUTEN-FREE BY GFCD.ORG
- YES** CERTIFIED VEGAN BY THE AVA
- YES** RECYCLABLE PACKAGING
- YES** MANUFACTURING SUPPORTS WIND POWER
- NO** YEAST, WHEAT, SOY, MILK OR SUGAR
- NO** PRESERVATIVES OR ARTIFICIAL COLORS
- NO** ARTIFICIAL FLAVORS OR SWEETENERS
- NO** MAGNESIUM STEARATE

Do not accept if seal is broken.
Store in a dry place between 59° - 86° F.
Keep out of the reach of children.

ESTABLISHED
- 1971 -Country®
Life

COENZYME B-COMPLEX

ADVANCED

Certified Gluten-Free

Supports increased energy production**

Supports sugar metabolism**

With Benfotiamine, PQQ and NADH

Dietary
Supplement60 Vegan
Capsules

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY