

Yummy healthy goodness! Easy to chew and delicious flavor, Vitamin B12 helps convert carbohydrates, fats and proteins into energy, as well as plays a key role in the function of the nervous system.*** B12 is essential for the production of red blood cells, which help to deliver oxygen to the body.***

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG
YES CERTIFIED VEGAN BY THE AVA
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS WIND POWER

NO YEAST OR WHEAT
NO SOY OR MILK
NO ARTIFICIAL FLAVORS OR SWEETENERS
NO MAGNESIUM STEARATE



This product does not contain common GE genes or proteins. Visit igenprogram.com

Lot No:

Best by:



This product has been manufactured at a GMP Registered facility.

ESTABLISHED 1971
Country Life

B12 GUMMIES
 850 mcg

Improved Taste & Texture



Certified Gluten-Free

- Supports energy metabolism***
- Essential for healthy nervous system***

STRAWBERRY FLAVOR
 WITH OTHER NATURAL FLAVORS

Suitable for Vegans

Dietary Supplement **120** Gummies

— Our PLEDGE of INTEGRITY —
 AUTHENTICITY • CLEANLINESS • FRESHNESS
 CONSISTENCY • ACCURACY

Directions: Adults chew one (1) gummy daily. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 gummy

Amount Per Serving	% Daily Value	
Calories	10	
Total Carbohydrate	2 g	<1%*
Total Sugars	2 g	**
Includes 2 g Added Sugars		4%
Vitamin B12 (as cyanocobalamin)	850 mcg	35,417%

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Cane sugar, tapioca syrup, purified water, pectin, citric acid, natural strawberry flavor, red radish juice (color), medium chain triglycerides.

Color variations in product may occur due to natural ingredients.

CAUTION: If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

Do not accept if seal is broken. Store in a dry place between 59° - 74° F. Keep out of the reach of children.

Manufactured for Country Life, LLC
 180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
 CountryLifeVitamins.com • Product No. 6296
MADE IN USA WITH GLOBALLY SOURCED INGREDIENTS