

Collagen Peptides are a unique structural protein consisting of amino acids wound together. They help build and repair connective tissue, and are mostly found in the connective tissues of ligaments, tendons, and can also be found in skin, muscles, and bones. Herbal Nutrition's collagen is bovine-derived. This high quality source of collagen peptides provides 9 grams of protein per serving. Supplementing with a premium source of Collagen can be very beneficial supporting the quality of your hair, skin, nails and supporting overall joint health and muscle strength.

**Suggested Usage:** Mix one scoop into your favorite beverage 1 to 2 times daily or as directed by your qualified health professional. Helpful hint: Take with your favorite coffee, tea, juice, pre-, intra-, or post-workout protein drink.

**KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.**

**STORAGE INFORMATION:** Store in dry cool place with lid tightly sealed. Avoid exposure to excessive light, heat and moisture.

Packaged by weight not volume. Settling of contents may occur and cannot be avoided.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



HerbalNutrition®

Hydrolyzed

# COLLAGEN PEPTIDES



Supports Healthy Joints, Hair, Skin & Nails

Protein & Amino Acids

Mixes Easily & Unflavored

Dietary Supplement

Net Wt. 16oz (1lb) 454 grams

## Supplement Facts

Serving Size 10 Grams (1 heaping scoop)

Servings Per Container: 45

Amount Per Serving	%Daily Value	
Calories	35	
Protein	9 g	0%*
Collagen Peptide Complex (from Hydrolyzed Collagen Type I & III) (bovine)	10g	†

\*Percent Daily Values are based on a 2,000 calorie diet. †Daily Value not established.

### TYPICAL AMINO ACID PROFILE PER SERVING

L-Alanine	8.8%	L-Leucine (BCAA**/****)	2.7%
L-Arginine	8.2%	L-Lysine (EAA****)	3.1%
L-Aspartic Acid	4.9%	L-Methionine (EAA****)	0.7%
L-Glutamic Acid	10.9%	L-Phenylalanine (EAA****)	1.6%
L-Glycine	20.8%	L-Proline	14.7%
L-Histidine (EAA****)	0.8%	L-Serine	3.2%
L-Hydroxylysine	0.5%	L-Threonine (EAA****)	2.0%
L-Hydroxyproline	13.1%	L-Tyrosine	0.2%
L-Isoleucine (BCAA**/****)	1.3%	L-Valine (BCAA**/****)	2.4%
**Branch Chain Amino Acids			
****Essential Amino Acids			

This "Typical Amino Acid Profile" represents the average ratio of amino acids naturally occurring in this product. These numbers can slightly fluctuate from batch to batch as with all natural protein sources. Collagen is not a complete protein.

HerbalNutrition®

Manufactured for:  
Herbal Nutrition  
Alpharetta Georgia 30005  
P: 800.497.4709  
herbalnutritionhealth.com