

**Magnesium Glycinate HP** is a highly bioavailable form of magnesium bonded with glycine.† The extra glycine helps support a healthy digestive tract while the magnesium supports over 300 of the body's metabolic processes.†

**Suggested Use:** Take 1 - 3 capsules per day or as recommended by your health practitioner.

**Caution:** Ask a healthcare provider before use if you have a health condition, take medications, are pregnant, or are nursing.

**Storage:** Keep tightly closed in a cool, dry place in the original container.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



HG-MG90-V1



# MAGNESIUM-HP™

- Gentle on the Stomach †
- Pure and Hypoallergenic †
- Extra Strength †



DIETARY SUPPLEMENT | 90 CAPSULES

## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 90

	Amount Per Serving	% DV*
Magnesium (from 900 mg of magnesium glycinate)	180 mg	40%

\* Percent Daily Values are based on a 2,000 calorie diet.

Other ingredients: Vegetable Capsule (hypromellose).

**Manufactured Exclusively For:**  
Healthy Gut, LLC  
3980 Broadway St,  
#103-166  
Boulder, CO 80304

**For Re-Orders or Customer Support:**  
1-888-612-5997  
[healthygut.com](http://healthygut.com)

Made in Canada from domestic and imported ingredients

**No added:** This product does not contain milk, egg, fish, shellfish, soy, wheat, gluten, peanuts, tree nuts, yeast, rice, artificial colors or flavors, but is made in a facility that handles these allergens.