

Keep out of reach of children. Do not use if safety seal is damaged or missing. Store in a cool, dry place.

RELAXATION & SLEEP FORMULA*

SLEEP WELL, WAKE RESTED*

SUGGESTED USE: For best results, take 2 capsules with water 30-60 minutes before bedtime, or as directed by your healthcare professional.

CAUTION: Pregnant or nursing mothers, children under the age of 18, or individuals with a known medical condition should consult a physician before using this or any dietary supplement.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Hollis Nutrition



SLEEP FAIRY™

NATURAL SLEEP AID*

DIETARY SUPPLEMENT
60 VEGGIE CAPSULES

SUPPLEMENT FACTS

Serving Size: 2 Vegetable Capsules
Servings Per Container: 30

| | Amount Per Serving | %DV |
|--|--------------------|-----|
| Magnesium <i>(as Magnesium Bisglycinate Chelate) (TRAACS®)</i> | 20 mg | 5% |
| Valerian Root Extract | 200 mg | ** |
| L-Theanine | 200 mg | ** |
| GABA <i>(gamma-aminobutyric acid)</i> | 200 mg | ** |
| 5-HTP <i>(5-Hydroxytryptophan)</i> <i>(from Griffonia simplicifolia seed extract)</i> | 100 mg | ** |
| Chamomile Flower Extract | 100 mg | ** |
| Magnolia Bark Extract | 100 mg | ** |
| Melatonin | 5 mg | ** |

**Daily Value (DV) not established

Other Ingredients:

Vegetable Capsule (Hydroxypropylmethylcellulose), Organic Rice Bran Powder

TRAACS® is a registered trademark of Albion Laboratories, Inc.
U.S. Patent 7,838,042.

VEGAN NON-GMO SOY-FREE GLUTEN-FREE
STEARATE-FREE DRUG-FREE

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