

# FULLER, MANLIER & HEALTHIER BEARD\*

## FORMULATED FOR AN ALPHA\*

**SUGGESTED USE:** Take 2 capsules once a day or as directed by your healthcare professional. For best results, take daily for at least 30 days.

**CAUTION:** Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18 and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

**NON-GMO SOY-FREE GLUTEN-FREE  
STEARATE-FREE DRUG-FREE**



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Hollis Nutrition



# ALPHA BEARD™

**NATURAL BEARD GROWTH FORMULA\***

**DIETARY SUPPLEMENT  
60 VEGGIE CAPSULES**

## SUPPLEMENT FACTS

Serving Size: 2 Capsules

Serving Per Container: 30

	Amount Per Serving	%DV
Vitamin A (as retinyl palmitate)	8000 IU	160%
Vitamin C (as ascorbic acid)	100 mg	167%
Vitamin D (as cholecalciferol)	100 IU	25%
Vitamin E (as d-alpha tocopheryl succinate)	15 IU	50%
Thiamin (as thiamine HCl)	5 mg	333%
Riboflavin	5 mg	294%
Niacin (as niacinamide)	5 mg	25%
Vitamin B6 (as pyridoxine HCl)	5 mg	250%
Folic Acid	200 mcg	50%
Vitamin B12 (as cyanocobalamin)	20 mcg	333%
Biotin	5000 mcg	1667%
Pathothetic Acid (as d-calcium pantothenate)	100 mg	1000%
Zinc (as zinc citrate)	15 mg	100%
MSM (methylsulfonylmethane)	400 mg	**
Collagen Hydrolysate	200 mg	**
MCT Oil (as medium chain triglycerides oil powder)	100 mg	**
<b>ALPHA BEARD™ COMPLEX</b>	<b>200 mg</b>	<b>**</b>
Aloe Vera (leaf powder), Panax Ginseng (root powder), Ginkgo Biloba (leaf extract), Stinging Nettle (root extract)		

\*\*Daily Value (DV) not established

**Other Ingredients:**

Vegetable Capsule (Hypromellose), Organic Rice Bran Powder

Contains: Tree Nuts (Ginkgo Nut)

**CAREFULLY CRAFTED FOR  
HOLLIS NUTRITION**

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Keep out of reach of children. Do not use if safety seal is damaged or missing. Store in a cool, dry place.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.