

1861-60



★★★★★  
CERTIFIED



**MASON**  **natural**<sup>®</sup>  
EST. 1967

**FAST ABSORPTION**

# MAGNESIUM CITRATE

**250 MG PER SERVING**

MUSCLE RELAXATION,  
NERVE & HEART HEALTH\*



**60 SOFTGELS** • DIETARY SUPPLEMENT

LOT/EXP. DATE

**DIRECTIONS:** Adults - Take two softgels daily, preferably with food, as a dietary supplement.

## Supplement Facts

Serving Size 2 Softgels  
Servings Per Container 30

	Amount Per Serving	% Daily Value
Magnesium (as magnesium citrate)	250 mg	60%

**OTHER INGREDIENTS:** Safflower oil, gelatin (bovine), vegetable glycerin, purified water, yellow beeswax, sunflower lecithin, titanium dioxide, colors added (carmine, elderberry extract).

**GUARANTEED NO ADDED:** Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, Sesame.

\*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

**CAUTION:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your physician before use. Discontinue use and consult your physician if any adverse reactions occur.

Keep out of reach of children.

**TAMPER-EVIDENT SEAL:** Do not use product if seal appears tampered with.



SOY FREE

Store in a dry place under controlled room temperature: 20° - 25°C (68° - 77°F).

Manufactured in the USA for:  
**MASON VITAMINS, INC.** Miami Lakes, FL 33014  
1-888-860-5376 • [www.MasonVitamins.com](http://www.MasonVitamins.com)

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