



Brain/Nerves‡



Sports Performance‡

**SUGGESTED USE:** Mix 1 scoop with at least 8 ounces of water, juice, or preferred beverage daily or as recommended by your health-care or performance professional. Can be used 30-90 minutes before or after exercise.

**TAMPER EVIDENT:** Use only if bottle is sealed. Store tightly sealed in a cool, dry place.

If pregnant, consult your health-care practitioner before using this product.



GLUTEN FREE



MANUFACTURED IN THE USA  
USING US & IMPORTED INGREDIENTS



THORNE.COM



THORNE®

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Creatine

DIETARY SUPPLEMENT



NET WT 32 OZ  
(2 LB) 900 G

**SUPPLEMENT FACTS**

Serving Size: One Scoop (5 g)

Servings Per Container: 180

One Scoop (5 g) Contains:		%DV
Creatine Monohydrate	5 g	*

\*Daily Value (DV) not established.

‡This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

manufactured for: THORNE RESEARCH, INC., 1-800-228-1966



SF904  
LSF90401