

CODE 328422
DIRECTIONS: As a dietary supplement, take the contents of one pack daily with food.
Each pack contains:

Mega Men® 50 Plus

Supplement Facts

Serving Size Two Beige Caplets

Amount Per Serving	% Daily Value
Vitamin A (50% as beta-Carotene; 50% as Retinyl Acetate)	5000 IU 100%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	300 mg 500%
Vitamin D (as Cholecalciferol D-3)	1600 IU 400%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	30 IU 100%
Vitamin K (as Phytonadione)	80 mcg 100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg 3333%
Riboflavin (Vitamin B-2)	50 mg 2941%
Niacin (as Niacinamide & Niacin)	50 mg 250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg 2500%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg 833%
Biotin	300 mcg 100%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg 500%
Calcium (as Calcium Carbonate)	200 mg 20%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	100 mg 25%
Zinc (as Zinc Oxide)	25 mg 167%
Selenium (as L-Selenomethionine)	200 mcg 286%
Copper (as Cupric Oxide)	2 mg 100%
Manganese (as Manganese Sulfate)	2 mg 100%
Chromium (as Hydrolyzed Protein Chelate)	120 mcg 100%
Molybdenum (as Sodium Molybdate)	75 mcg 100%

Saw Palmetto Berries Extract (*Serenoa repens*) 160 mg
L-Arginine 100 mg
Healthy Aging Free Radical Protection Blend
alpha-Lipoic Acid, Green Tea Leaf Extract, Bilberry Fruit Powder, Elderberry Fruit Powder, Black Currant Fruit Powder, Blueberry Fruit Powder, Resveratrol 70 mg

Memory Health Blend Choline (as Choline Bitartrate), Phosphatidylserine	20 mg
Inositol	10 mg
Silica (as Silicon Dioxide)	4 mg
Boron (as Hydrolyzed Protein Chelate)	2 mg
Lutemax 2020™ Lutein	950 mcg
Lycopene	950 mcg
Zeaxanthin	190 mcg
Astaxanthin	50 mcg
Vanadium (as Sodium Metavanadate)	10 mcg

* Daily Value not established.

Other Ingredients: Cellulose, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides, Caramel Color, Ethyl Vanillin.

CONTAINS: Fish and Soybeans.

APG

Phytosterols

Supplement Facts

Serving Size One White Caplet

Amount Per Serving	% Daily Value
Phytosterols	800 mg

* Daily Value not established.

Other Ingredients: Calcium Carbonate, Cellulose, Corn Starch, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides.

Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

Saw Palmetto Formula

Supplement Facts

Serving Size One Dark Brown Softgel Capsule

Amount Per Serving	% Daily Value
Saw Palmetto Berries Extract (<i>Serenoa repens</i>) (85% Fatty Acids = 136 mg)(0.2% Sterols = 0.32 mg)	160 mg

* Daily Value not established.

Other Ingredients: Olive Oil, Gelatin, Glycerin, Caramel Color, Titanium Dioxide (Natural Mineral Whitener).

Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

To ensure a complete nutritional program, take daily with these GNC products:

- Ultra Probiotic Complex
- Total Lean™ CLA
- SuperFoods Whole Foods
- Total Lean™ Breakfast Squares

Fish Oil with CoQ-10

Supplement Facts

Serving Size One Green Softgel Capsule

Amount Per Serving	% Daily Value
Calories	10
Calories from Fat	10
Total Fat	1 g 2%†
Vitamin E (as Natural d-alpha Tocopherol)	50 IU 167%
EPA (Eicosapentaenoic Acid)(Omega-3)	360 mg
DHA (Docosahexaenoic Acid)(Omega-3)	240 mg
Coenzyme Q-10 (Natural)	100 mg

† Percent Daily Value based on a 2,000 calorie diet.
* Daily Value not established.

Other Ingredients: Fish Body Oil, Gelatin, Glycerin, Soybean Oil, Chlorophyll, Titanium Dioxide (Natural Mineral Whitener), Enteric Coating (Cellulose, Sodium Alginate, Medium Chain Triglycerides, Oleic & Stearic Acid).

Potency of Coenzyme Q-10 verified by GNC procedure #5012. Conforms to USP <2091> for weight.

Memorall®

Supplement Facts

Serving Size One Dark Brown Softgel Capsule

Amount Per Serving	% Daily Value
Calories	5
Calories from Fat	5
Total Fat	0.5 g 1%†
Vitamin A (as beta-Carotene)	1166 IU 23%
Vitamin E (as d-alpha Tocopheryl Acetate)	15 IU 50%
Folic Acid	200 mcg 50%
Vitamin B-12 (as Cyanocobalamin)	6 mcg 100%
EPA (Eicosapentaenoic Acid)(Omega-3) (as Fish Body Oil)	100 mg
DHA (Docosahexaenoic Acid)(Omega-3) (as Fish Body Oil)	75 mg
Ginkgo biloba Leaves Extract	60 mg
Phosphatidylserine (PS)(as Soy Lecithin)	15 mg
Coenzyme Q-10 (Natural)	5 mg
Citrus Bioflavonoids	5 mg
Huperzine A	50 mcg

† Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established.

Other Ingredients: Soybean Oil, Gelatin, Glycerin, Caramel Color, Titanium Dioxide (Natural Mineral Whitener).

Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.



No Artificial Colors, No Wheat, No Gluten, No Dairy, Yeast Free.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

GNC QUALITY COMMITMENT

For more than 78 years, GNC has been the leader in the development of superior nutritional supplements. Our products are produced using only fresh, high-quality ingredients and are manufactured under the strictest quality controls.

GNC GUARANTEE

If you are not 100% completely satisfied, return the unused portion of the product with your receipt to a GNC store within 30 days. Our trained sales staff will either refund your purchase price or, if you prefer, assist you in finding a replacement product to help you LIVE WELL.

BONUS SIZE – ONE EXTRA WEEK FREE!

GNC MEGA MEN® 50 Plus

Dietary Supplement

VITAPAK® PROGRAM

- Clinically studied,[^] no iron multivitamin with 1,600 IU of vitamin D-3
- Promotes prostate health with saw palmetto*
- Helps memory retention and brain health*
- Supports healthy cholesterol levels with phytosterols*



30 37 PACKS



PHYSICIAN
ENDORSED



GNC Mega Men® 50 Plus Vitapak® Program is physician endorsed by Frank J. Costa, M.D., an internationally acclaimed urological surgeon, men's health expert and member of the GNC Medical Advisory Board.

"Men over 50 need to make wise decisions about nutrition to remain healthy as they age. Mega Men® 50 Plus Vitapak® Program is the smart choice for mature adults who want to keep up with the changes that accompany aging. I strongly recommend this program because it contains everything that a man over 50 needs to ensure optimal nutritional support. This complete program includes a premium high potency multivitamin, targeted formulas to support prostate and memory function, ingredients that support heart and vision health, plus antioxidant protection."
— Frank J. Costa, M.D.

Why Should I Use Mega Men® 50 Plus Vitapak® Program?

Mega Men® 50 Plus Vitapak® Program includes key nutrients that a man over 50 needs to ensure optimal nutritional support. The components in this program provide highly effective support for healthy aging.*

How Can Mega Men® 50 Plus Vitapak® Program Benefit Me?

Mega Men® 50 Plus Vitapak® Program combines important nutrients that support overall nutritional needs with focused ingredients designed to address particular health concerns of men over 50 in one convenient daily pack.

How Does Mega Men® 50 Plus Vitapak® Program Work?

Each serving of Mega Men® 50 Plus Vitapak® Program includes the following components to help you achieve your daily nutritional goals:

- **Mega Men® 50 Plus** – This clinically studied[^], powerful multivitamin without iron supports overall healthy aging. It includes a potent complex of B-vitamins for metabolism support and energy production, saw palmetto and lycopene to support prostate health and antioxidants for protection from free radicals that can destroy healthy cells and promote the cell-aging process.*
- **Saw Palmetto Formula** – A blend of special ingredients, including pygeum, lycopene and saw palmetto to help support prostate health and normal, healthy urinary flow.* This formula also contains zinc for normal reproductive function.*
- **Memorall®** – This specialty formula combines ingredients that may support healthy brain function and memory retention including ginkgo biloba to support increased peripheral blood flow, huperzine A to help prevent breakdown of key neurotransmitters in the brain and DHA, an important omega-3 fatty acid which is an important structural component of the brain.*
- **Fish Oil with CoQ-10** – This premium formula provides 600 mg of omega-3 fatty acids to support heart health and 100 mg of CoQ-10 to help produce cellular energy and support a healthy cardiovascular system.* Fish oil helps maintain healthy cholesterol and blood pressure levels and supports joint, brain and skin health.*
- **Phytosterols** – These natural compounds found in fruits, vegetables and whole grains help block cholesterol absorption.* Phytosterols are clinically shown to support healthy cholesterol levels and may reduce the risk of heart disease.*

*Scientific research shows that 400 mg per serving of free Phytosterols taken twice a day with meals for a daily total of 800 mg, as part of a healthy diet low in saturated fat and cholesterol, may reduce the risk of heart disease. Each daily serving supplies 800 mg of Phytosterols.

[^]In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blend in this product for six weeks experienced statistically significant improvements in markers of B vitamin and antioxidant status, as well as improvements in SF-36 Vitality and Mental Health scores compared to those taking a placebo.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.