



Foundational



Stress†

SUGGESTED USE: Take 1 capsule one to three times daily or as recommended by your health-care practitioner.

TAMPER EVIDENT: Use only if bottle is sealed. Store tightly sealed in a cool, dry place.

If pregnant, consult your health-care practitioner before using this product.



GLUTEN FREE



MANUFACTURED IN THE USA
USING US & IMPORTED INGREDIENTS



†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



THORNE®

Stress B-Complex

DIETARY SUPPLEMENT

60
CAPSULES

SUPPLEMENT FACTS

Serving Size: One Capsule

One Capsule Contains:		%DV
Thiamin (as Thiamin HCl)	50 mg	4,167%
Riboflavin (25 mg as Riboflavin and 3.6 mg as Riboflavin 5'-Phosphate Sodium)	28.6 mg	2,200%
Niacin (as Niacinamide)	80 mg	500%
Vitamin B6 (25 mg as Pyridoxine HCl and 3.4 mg as Pyridoxal 5'-Phosphate)	28.4 mg	1,671%
Folate (200 mcg as L-5-Methyltetrahydrofolate† from L-5-Methyltetrahydrofolic Acid, Glucosamine Salt)	334 mcg DFE	84%
Vitamin B12 (as Methylcobalamin)	100 mcg	4,167%
Biotin	80 mcg	267%
Pantothenic Acid (as Calcium Pantothenate)	250 mg	5,000%
Choline (as Choline Citrate)	14 mg	3%
Daily Value (DV)		

Other Ingredients: Hypromellose (derived from cellulose) capsule, Microcrystalline Cellulose, Calcium Laurate, Silicon Dioxide.

†This product uses Gnosis S.p.A.'s L-5-Methyltetrahydrofolic Acid, Glucosamine Salt (Quatrefolic®). Quatrefolic is a registered trademark of Gnosis S.p.A.

manufactured by: THORNE RESEARCH, INC., 1-800-228-1966



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