

**Athletes Whey** combines 7 different proteins to fuel your body for a full four hours. Proteins are digested at different rates. By combining different proteins you enjoy an immediate, medium and extended source of nutrition as your body breaks protein down into amino acids. **Athletes Whey** is rich in BCAAs and Essential Amino Acids and has Digestive Enzymes for maximum protein absorption.

**Athletes Whey** includes an ideal ratio of protein, complex carbohydrates and healthy oils to support extended time-release of amino acids.

**Immediate Release:** Whey Protein Isolate, Whey Concentrate and Glutamine Peptides are absorbed within 30 minutes after you consume them.

**Medium Release:** Egg Protein and Milk Protein Isolate fuels your body with amino acids for 1 1/2 hours (90 minutes). Egg is considered a perfect protein because it has the highest protein efficiency ratio.

**Extended Release:** Micellar Casein and Calcium Caseinate take much longer to digest. You get a full 4 hour release of amino acids. This makes these proteins ideal for appetite control.

**DIRECTIONS:** Mix 1 rounded scoop with 4-6oz of milk, water or your favorite beverage. Vary the amount of liquid for taste preference.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Xcel**  
SPORTS NUTRITION  
XcelSportsNutrition.com



# ATHLETES WHEY

CHOCOLATE  
P'BUTTER SWIRL

**RAPID ABSORPTION**  
**56 BCAA PER SCOOP**  
**LEAN MUSCLE GROWTH**  
**36 GLUTAMINE PER SCOOP**

DIETARY SUPPLEMENT//NET WT. 5LBS

## NUTRITION FACTS

Serving Size: 32g Net Weight: 2,270g  
Servings Per Container: 71

| Amount per Serving        |        | % Daily Value* |
|---------------------------|--------|----------------|
| <b>Calories</b>           | 130    |                |
| <b>Calories from Fat</b>  | 20     |                |
| <b>Total Fat</b>          | 2 g    | 3%*            |
| <b>Cholesterol</b>        | 20 mg  | 7%             |
| <b>Total Carbohydrate</b> | 6 g    | 2%*            |
| Dietary Fiber             | 1 g    | 4%*            |
| Sugar                     | 1 g    | **             |
| <b>Protein</b>            | 23 g   | 46%*           |
| <b>Calcium</b>            | 160 mg | 16%            |
| <b>Iron</b>               | 1 mg   | 4%             |
| <b>Sodium</b>             | 75 mg  | 3%             |

## Naturally Occurring Amino Acids Per Serving

|               |          |
|---------------|----------|
| Alanine       | 1,020 mg |
| Arginine      | 673 mg   |
| Aspartic Acid | 2,594 mg |
| Cystine       | 482 mg   |
| Glutamic Acid | 3,261 mg |
| Glycine       | 423 mg   |
| Histidine     | 510 mg   |
| Isoleucine    | 1,366 mg |
| Leucine       | 2,455 mg |
| Lysine        | 2,080 mg |
| Methionine    | 497 mg   |
| Phenylalanine | 753 mg   |
| Proline       | 1,329 mg |
| Serine        | 1,320 mg |
| Threonine     | 1,787 mg |
| Tryptophan    | 381 mg   |
| Tyrosine      | 680 mg   |
| Valine        | 1,269 mg |

\*Daily Values (DVs) are based on a 2,000 calorie diet.

\*\*Daily Values (DVs) not established.

**ALLERGEN WARNING:** This product contains whey derived from dairy and Lecithin (to improve product mixability) derived from soybeans. Manufactured on equipment which processes products containing milk, eggs, soybeans, wheat, shellfish, fish oil, tree nuts, and peanut flavor.

**Ingredients:** Proprietary Protein Blend (Triple-Filtered Cold-Processed Whey Protein Concentrate, Milk Protein Concentrate, Whey Protein Isolate), Recovery Amino Acid Blend (Glycine, L-Leucine, L-Valine, L-Isoleucine), Cocoa processed with Alkali, Natural and Artificial Flavor, Salt, Sucralose.

