



Supplement Facts

Serving Size 4-6 Pouches Per Day

Serving Per Container 4-5

	Amount Per Pouch	% Daily Value
Reishi (Ganoderma lucidum) 10:1 Extract	5 mg	**
Lion's Mane (Hericium erinaceus) 10:1 Extract	10 mg	**
Cordyceps (Cordyceps militaris) 10:1 Extract	5 mg	**
Vitamin B12 (Methylcobalamin)	20 mcg	833%
Teacrine	15 mg	**
Allulose (natural Sweetener)	100 mg	**
Glycerol (Vegetable Glycerin)	50 mg	**

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

**Daily Value (DV) not established

Other ingredients: Flavor food essence (natural), Microcrystalline Cellulose (natural), sodium chloride