

VEDIC™
POWDERS
Your Health Matters

KARELA

(Bitter Gourd) **POWDER**

Plant Part Used - Fruit
Dietary Supplement



Extreme Fine Granularity 100g (3.52 oz)



Supplement Facts

Serving Size : 2g
Servings Per Container 50

	Amount Per Serving	%DV*
Karela (Momordica charantia) fruit powder	2g	†
% DV* are based on a 2000 Calorie diet. † Daily Value not established		

Ingredients:
Each 100g Contains :
Karela
(Momordica charantia)
fruit powder - 100g

Directions for Use:

Take 1-2g with warm water upto twice daily.

Due to varying density of the herb some jars might feel less full than others. As container used is standard size it is possible the jar might not seem full but the quantity is as per what is mentioned on label.

"*These statements have not been evaluated by the FDA.
This product is not intended to diagnose, treat, cure or prevent any disease."



Batch No. :
Mfd. Date :
(mm/dd/yy)
Best Before :
(mm/dd/yy)

