

Daily

Pre/Post-Workout



Strength



Thermogenic

The Evolution of Performance Supplementation

GNC's most advanced creatine formula, Amplified Creatine XXX™, has evolved even further with the launch of Amplified Creatine XXX™ Ripped, the line's first and only creatine formulated to help meet your specific training goals, build lean muscle, increase strength and fuel a ripped physique.* This unique formula features an unstoppable blend of 4 key forms of creatine designed to provide an instant release of creatine and using the GNC exclusive Optimal Timing Technology (OT2™), a form that releases over 6 hours for optimal creatine absorption. To help provide that chiseled look, this formula also supplies a water balance blend to help regulate fluid balance.*

Advanced Multi-Phase Creatine Complex

This breakthrough formula was created with the ultimate goal of fueling ripped and powerful muscles by combining powerful doses of clinically proven ingredients to provide the strength benefits of an advanced creatine blend with extra support to regulate water balance.* Loaded with 4 unique creatine sources, including OT2™ creatine, creatine HCL, creatine ethyl ester and creatine citrate, this powerful formula helps increase strength and build lean muscle.* The OT2™ allows for a 6-hour extended release of creatine to feed your muscles before, during and after your toughest workouts to maximize your results.*

Ripped Creatine Precursor Blend

Packed with 1g opuntia and key creatine precursors,† Opuntia is a clinically studied ingredient to modulate insulin to help optimize your results by supporting enhanced nutrient uptake and shuttling nutrients into your muscles where you need it most.*

Ripped Blend

Loaded with CLA, green coffee extract, lychee fruit and dandelion root, this advanced formula overcomes one of the biggest challenges with a creatine supplement – maintaining a ripped and shredded physique. Anchored with a 3.4g dose of CLA, this blend combines clinically proven results to improve overall body composition, fuel energy and ignite fat metabolism.†* The non-stim green coffee extract provides powerful antioxidant benefits and supports glucose metabolism.*

Who can benefit from taking Amplified Creatine XXX™ Ripped?

Amplified Creatine XXX™ Ripped has re-engineered the use for creatine supplements. If your goal is to increase strength and power without sacrificing the ripped physique you've worked for, this formula is for you. You can customize your dosing and supplementation regimen to meet your specific training goals and nutrition needs.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC
PRO PERFORMANCE®
AMP

NEW

AMPLIFIED CREATINE XXX™ RIPPED

4 PRODUCTS
IN ONE

- Build Strength & Get Shredded with 5g Multi-Phase Creatine Complex to Build Lean Muscle^{†*}
- Powerful Metabolic Fuel with 3.4g CLA & 200mg Green Coffee[†]
- Enhanced with Herbal Compounds to Help Regulate Water Balance as You Strive for a Ripped Physique*

CLINICALLY RESEARCHED

FRUIT PUNCH

NATURAL + ARTIFICIAL FLAVORS



DIETARY SUPPLEMENT
Net Wt 13.73 oz (389.2 g)

CODE 370086

DIRECTIONS: As a dietary supplement, mix 1 scoop (9.73 g) with 4-5 fl. oz. of water or your favorite beverage, pre, during or post-workout. For maximum results, mix 2 scoops (19.46 g) with 8-10 fl. oz. of water or favorite beverage pre-workout and sip throughout your workout to power your training.

Supplement Facts

Serving Size	1 Scoop (9.73 g)		2 Scoops (19.46 g)	
Servings Per Container	40		20	
	Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	35		70	
Calories from Fat	25		45	
Total Fat	2.5 g	4%	5 g	8%
Total Carbohydrates	3 g	1%	6 g	2%
Sugar	0 g	*	<1 g	*
Calcium (as Calcium Carbonate)	70 mg	7%	140 mg	14%
Chloride (as Potassium Chloride)	45 mg	1%	90 mg	3%
Sodium	10 mg	0%	20 mg	1%
Potassium (as Potassium Chloride)	65 mg	2%	130 mg	4%
Creatine Complex, Total	2.5 g	*	5 g	*
(as O72™ Creatine)	1.5 g	*	3 g	*
(as Creatine Hydrochloride)	500 mg	*	1 g	*
(as Creatine Ethyl Ester Hydrochloride)	265 mg	*	530 mg	*
(as Creatine Citrate)	235 mg	*	470 mg	*

OTHER INGREDIENTS: Clarinol® (Safflower Oil (Contains Conjugated Linoleic Acid), Glucose Syrup, Sodium Caseinate, Silicon Dioxide, Lecithin, Tetrasodium Diphosphate, Natural Flavor, Natural Vitamin E), Natural & Artificial Flavors, Malic Acid, Citric Acid, Calcium Silicate, Sucralose, Acesulfame Potassium, Polysorbate, FD&C Red #40, FD&C Blue #2.

CONTAINS: Milk and Soybeans.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, under 18 years of age or have a medical condition. Discontinue use two weeks prior to surgery.

NOTICE: Significant product settling may occur.

Clarinol® CLA is a registered trademark of Stepan Specialty Products LLC.

^ When used in conjunction with resistance training.

† Per 2 scoop serving.



Amplified Creatine XXX™
Ripped Features 4 Products in 1

1. Creatine
2. Opuntia (Prickly Pear)
3. Dandelion Root
4. Green Coffee Bean

Products bearing this logo have been tested for banned substances by HFL Sport Science, a world-class anti-doping lab. *Product was tested for over 145 banned substances on the 2013 World Anti-Doping Agency (WADA) Prohibited List via HFL skip lot testing protocol #ICP0307. See gnc.com for more information.

	Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Creatine Precursor Blend				
Prickly Pear Pad & Fruit Skins (Opuntia ficus-indica)	500 mg	*	1 g	*
Guanidinoacetate	125 mg	*	250 mg	*
Alpha Ketoglutaric Acid	125 mg	*	250 mg	*
Glycine	125 mg	*	250 mg	*
L-Methionine	125 mg	*	250 mg	*
Ripped Blend				
Conjugated Linoleic Acid Isomers (CLA)(as Clarinol®)	1.7 g	*	3.4 g	*
Dandelion Root Powder (Taraxacum officinale)	250 mg	*	500 mg	*
Green Coffee Extract (Coffea canephora robusta Pierre) (45% Chlorogenic Acid = 45 mg) or (45% Chlorogenic Acid = 90 mg)	100 mg	*	200 mg	*
Lychee Fruit Extract (Litchi chinensis)	25 mg	*	50 mg	*

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:

1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:

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