

Code 2020 V5.2



UK - BioCare Ltd  
1 Hedden Road, Beddleth  
898 SEV, UK  
T: +44 (0)121 455 1727  
www.biocare.co.uk  
EU - BioCare Ltd  
Singel 250, 1096 AB  
Amsterdam, NL

**Directions:** 1 capsule taken 3 times daily with food, or as professionally directed.

This product should not be used as a substitute for a varied diet and healthy lifestyle. Do not exceed the stated recommended daily intake. Do not purchase if the seal is broken. Keep out of reach of children. If you are under medical supervision, please consult a doctor before use. Store in a cool, dry place. For best before and batch, see base.

**Vegetarian & vegan**

**Magnesium & calcium contribute to the maintenance of normal bones & normal muscle function.**

# BioCare®



## Magnesium Calcium Complex

For bone & muscle support

90 vegetable capsules  
Food supplement

**Product information per daily intake:  
3 capsules**

	%EC NRV*	
Calcium	150mg	19
Magnesium	200mg	53

\*NRV = Nutrient Reference Value

**Ingredients:**

Magnesium Citrate, Calcium Citrate, Capsule Shell (Hydroxypropyl Methylcellulose), Antioxidant (Ascorbyl Palmitate).