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Directions: Take daily with food as indicated, or as professionally directed. Can be mixed into cool drinks or sprinkled onto food.

6 months - 1 year - ¼ teaspoon (approx. 1.25g)
1 - 5 years - ½ teaspoon (approx. 2.5g)
5 years+ - 1 teaspoon (approx. 5g)

This product should not be used as a substitute for a varied diet and healthy lifestyle. Do not exceed the stated recommended daily intake. Do not purchase if the seal is broken. Keep out of reach of children. If you are under medical supervision, please consult a doctor before use. Excessive consumption may produce laxative effects. Store in a cool, dry place. For best before and batch, see base.

Vegetarian & vegan

Vitamin D is needed for normal growth and development of bone in children, and contributes to normal function of the immune system. Iodine contributes to normal growth and iron contributes to normal cognitive development of children.

BioCare®



Children's



Children's Complete® Multinutrient

Including vitamins D, C & iron for healthy growth, immunity & cognitive development

75g powder
Food supplement with sweetener



Product information per daily intake: 2.5g

		%EC NRV*			%EC NRV*
Vitamin A 833iu	250µg RE ¹	31	Pantothenic Acid (B5)	15mg	250
Vitamin D3 400iu	10µg	200	Calcium	100mg	12.5
Vitamin E 30iu	20mg α-TE ²	167	Magnesium	55mg	15
Vitamin K2	2.5µg	3	Iron	2mg	14
Vitamin C	25mg	31	Zinc	5mg	50
Vitamin B1	5mg	455	Copper	250µg	25
Vitamin B2	5mg	357	Manganese	0.25mg	13
Niacin (B3)	10mg NE ³	63	Selenium	25µg	45
Vitamin B6	10mg	714	Chromium	50µg	125
Folate	50µg	25	Molybdenum	50µg	100
(Methylfolate)			Iodine	30µg	20
Vitamin B12	15µg	600	Choline	10mg	-
(Methyl B12)			Inositol	10mg	-
Biotin	35µg	70	PABA	1mg	-

*NRV = Nutrient Reference Value
RE = Retinol Equivalent

²α-TE = Alpha Tocopherol Equivalent
³NE = Niacin Equivalent

Ingredients: Sweetener (Xylitol), Calcium Citrate, Magnesium Citrate, Flavours (Banana & Vanilla), Vitamin C (Magnesium Ascorbate), Vitamin E (D-Alpha Tocopheryl Succinate), Choline Bitartrate, Pantothenic Acid (Calcium Pantothenate), Vitamin B6 (Pyridoxal-5-Phosphate), Zinc Citrate, Inositol, Niacin (Nicotinamide), Ferrous Citrate, Vitamin B1 (Thiamine Hydrochloride), Vitamin B2 (Riboflavin-5-Phosphate), L-Selenomethionine, Chromium Picolinate, Vitamin D3 (Cholecalciferol), Vitamin A (Retinyl Acetate), Manganese Gluconate, Vitamin B12 (Methylcobalamin), Vitamin K2 (Menaquinone-7), Para Amino Benzoic Acid, Biotin, Copper Citrate, Potassium Iodide, Sodium Molybdate, Folate (Calcium L-methylfolate).

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