



**Directions:** 1 capsule taken 3 times daily with food, or as professionally directed.

This product should not be used as a substitute for a varied diet and healthy lifestyle. Do not exceed the stated recommended daily intake. Do not purchase if the seal is broken. Keep out of reach of children. If you are under medical supervision, please consult a doctor before use. Store in a cool, dry place. For best before and batch, see base.

**Vegetarian & vegan**

**Calcium is needed for the formation & maintenance of bones & normal function of muscle.**

# BioCare®



## Calcium Citrate

For bone & muscle support

90 vegetable capsules  
Food supplement

**Product information per daily intake:  
3 capsules**

		%EC NRV*
Calcium	300mg	38

\*NRV = Nutrient Reference Value

**Ingredients:**

Calcium Citrate, Capsule Shell (Hydroxypropyl Methylcellulose), Anti-Caking Agents (Ascorbyl Palmitate & Silicon Dioxide), Bulking Agent (Microcrystalline Cellulose).