

Lot No./Best By:

# ORganic to our roots

As certified organic farmers since 1994, our regenerative practices heal the land and water and sequester carbon from the atmosphere, while ensuring that pure, potent herbal medicine is available today and for future generations. Peace.

**Free from:** Gluten, dairy and soy allergens.

**CAUTION:** Excessive consumption may impair ability to drive or operate heavy machinery. Keep out of reach of children. If taking medication consult with a healthcare professional before use. Do not take if pregnant or nursing. Discontinue use if unusual symptoms occur.

**\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

‡Product verified non-GMO by SGS.



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FAMILY FARM



SINCE 1994

ORGANIC

# Valerian

Supports Restful Sleep\*

90 organic vegan capsules



**Suggested Use:** As an herbal supplement, take two capsules per day at bed time or as directed by your healthcare professional. Do not exceed recommended dose.

## Supplement Facts

Serving Size: 2 capsules

Servings Per Container: 45

### Amount Per Serving

Organic Valerian root (*Valeriana officinalis*) 900 mg†

†Daily Value not established

Other Ingredients: Organic pullulan (from naturally fermented tapioca starch) capsules and nothing else.

Manufactured with love by Oregon's Wild Harvest  
Redmond, OR 97756 USA



Certified Organic by Oregon Tilth



actual size

OregonsWildHarvest.com 800-316-6869