

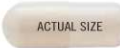
CODE 34222
DIRECTIONS: As a dietary supplement, take the contents of one packet daily with food.

Each pack contains:
Ultra Mega® Green Women's Multivitamin

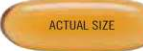
Supplement Facts		
Serving Size Two Green Tablets		
Amount Per Serving	% Daily Value	
Vitamin A (as Retinyl Acetate)	5000 IU	100%
Vitamin C (as Ascorbic Acid)	500 mg	833%
Vitamin D (as Cholecalciferol D-3)	1600 IU	400%
Vitamin E (as d-alpha Tocopheryl Succinate)	30 IU	100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	25 mg	1667%
Riboflavin (Vitamin B-2)	25 mg	1471%
Niacin (as Nicotinamide)	25 mg	125%
Vitamin B-6 (as Pyridoxine Hydrochloride)	25 mg	1250%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	250 mcg	4167%
Biotin	50 mcg	17%
Pantothenic Acid (as Calcium d-Pantothenate)	25 mg	250%
Calcium (as Calcium Carbonate)	125 mg	13%
Iodine (as Potassium Iodide & Kelp)	150 mcg	100%
Magnesium (as Magnesium Oxide)	25 mg	6%
Zinc (as Zinc Oxide)	15 mg	100%
Selenium (as L-Selenomethionine)	200 mcg	286%
Copper (as Copper Oxide & Hydrolyzed Protein Chelate)	2 mg	100%
Manganese (as Hydrolyzed Protein Chelate)	2 mg	100%
Chromium (as Hydrolyzed Protein Chelate)	120 mcg	100%
Molybdenum (as Hydrolyzed Protein Chelate)	75 mcg	100%
Chloride (as Potassium Chloride)	73 mg	2%
Potassium (as Potassium Chloride)	60 mg	2%
Choline Bitartrate	25 mg	*
Inositol	25 mg	*
Silica	1 mg	*
Boron (as Hydrolyzed Protein Chelate)	900 mcg	*
Lutemax 2020™ Lutein	950 mcg	*
Lycopene	950 mcg	*
N-Acetyl-L-Cysteine	15 mg	*
Zeaxanthin (as Zeaxanthin Isomers)	190 mcg	*
para-Aminobenzoic Acid	50 mg	*
alpha-Lipoic Acid	10 mg	*
L-Glutathione	5 mg	*
Oat Bran Flour (Avena sativa)	5 mg	*
Greens Blend	200 mg	*
Barley Grass Juice Powder (Hordeum vulgare), Alfalfa Juice Powder (Medicago sativa), Chlorella Powder (Chlorella vulgaris), Spirulina Powder (Spirulina platensis), Kelp Powder (Acicophyllum nodosum), Wheat Grass Juice Powder (Triticum aestivum)		

OTHER INGREDIENTS: Cellulose, Vegetable Acetoglycerides, Titanium Dioxide (Natural Mineral Whitener), Chlorophyll. CONTAINS: Soybeans and Wheat. Conforms to USP <2091> for weight.	
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Energy Formula Serving Size One White Filled Capsule Amount Per Serving	
Cocoa Seed Powder (<i>Theobroma cacao</i>)	250 mg†
Guarana Seed Extract (<i>Pawlinia cupana</i>) (36% Caffeine = 82.5 mg)	229 mg†
Capsimax™ Capsicum Seed Extract (<i>Capsicum annum</i>)	33.3 mg†
Black Pepper Extract (<i>Piper nigrum</i>)	0.45 mg†
* Daily Value not established.	

OTHER INGREDIENTS: Gelatin, Cellulose, Titanium Dioxide. Provides 82.5 mg of caffeine.	
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CLA Serving Size One Yellow Softgel Capsule Amount Per Serving	% Daily Value
Calories	10
Calories from Fat	10
Total Fat	1 g 2%
Conjugated Linoleic Acid (CLA)	1000 mg
† Percent Daily Value based on a 2,000 calorie diet.	
* Daily Value not established.	

OTHER INGREDIENTS: Gelatin, Glycerin. WARNING: For adult use only. Do not use this product if you are pregnant or lactating. If you are taking medication or have a medical condition, consult a physician before using this product.	
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Amount Per Serving	% Daily Value	
Biotin	6000 mcg	2000%
L-Cysteine	200 mg	
MSM (Methylsulfonyl-methane)	100 mg	
Hydrolyzed Gelatin	100 mg	
L-Methionine	50 mg	
alpha Lipic Acid	10 mg	
DMAE (Dimethylaminoethanol)	10 mg	
Green Tea Leaf Extract (Camellia sinensis)	10 mg	
Hydrolyzed Collagen	5 mg	
Horsetail Rush Stems (Equisetum arvense)	3 mg	
Boron (as Boron Citrate)	1 mg	
Lutemax 2020™ Lutetin	1 mg	
Pantethine	1500 mcg	
Zeaxanthin	40 mcg	

* Daily Value not established.

OTHER INGREDIENTS: Cellulose, Mica, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides, Natural Mint Flavor, Sucralose, Annatto Color Carmine Color.

Potency of Biotin verified by GNC procedure #5003.
Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

ACTUAL SIZE

GNC QUALITY

For more than 77 years, GNC has been the leader in quality. Our products are produced using only fresh, strictest quality controls.

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If you are not 100% completely satisfied, return to your GNC store within 30 days. Our trained sales staff will assist you in finding a replacement product to

Alternatives International, Inc. under U.S. Patents
5,965,596, 6,172,098, and 6,426,361.

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of Stepan Lipid Nutrition.

Lutemax 2020™ is a trademark of
OmniActive Health Technologies.

Capsimax™

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Health Technologies.

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WARNING: Consult your physician prior
to using this product if you are pregnant,
nursing, taking medication, or have any
medical condition. Discontinue use 1-2
weeks prior to surgery.

KEEP OUT OF REACH OF CHILDREN
Store in a cool, dry place.

**To ensure a complete nutritional program, take daily
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- GNC Protein
- SuperFoods Whole Foods Blend
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GUARANTEE

...n the unused portion of the product with your receipt to a
...aff will either refund your purchase price or, if you prefer,
...help you LIVE WELL.

ULTRA GREEN WOMEN

Dietary Supplement

WHOLE FOOD ENHANCED
PROGRAM FOR ACTIVE WOMEN

- Green foods multivitamin & amino acid blend to support metabolism
- Enhances workout performance with an energizing herb blend
- Fuels energy & metabolism with a clinically studied CLA*
- Supports skin hydration & nails with a special amino acid blend

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MEGA®

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o fuel muscles & recovery*
performance & endurance
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alized beauty blend*



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Women's



NEW

GNC Ultra Mega® foods enhanced plant and whole foods for active women. Enriched with healthy nutritional support overall well-being has been designed for active women.

- **Ultra Mega® Green** specifically for women. It contains minerals combining green foods to help support bone health. D-3 to support bone health. It also includes a B-vitamin complex for protection from free radicals.
- **Energy Formula** contains green tea extract, guarana, and other natural sources of caffeine. It also contains B-vitamins plus it helps support energy.
- **CLA** – A premium CLA for fat metabolism.*
- **Beauty Blend** – Contains vitamins for nails and supports skin health. Amino acids L-cysteine and L-proline from within.*

Green Women's Active Vitapak® Program offers a nutritional program that combines essential vitamins and food based ingredients to support the optimal health. Emerging research suggests that including green foods in your diet plan can have a variety of health-enhancing effects on overall wellness. This nutrient-dense whole food enhanced formula is designed to supply energizing and beauty-enhancing nutrients.

Green Women's Multivitamin – A green foods multivitamin for women. This formula provides a superior blend of nutrients combined with essential antioxidants, enzymes and plant-based ingredients to help women achieve optimal health. It also provides support for breast and bone health.* This premium multivitamin contains a B-vitamin complex to support energy production, and helps protect against harmful free radicals that can destroy health.

Energy Blend – An energy and metabolism blend including green tea seed extract, capsicum seed, black pepper extract, and cayenne. This herbal formula is designed to help boost metabolism, support calorie burning and improved performance.

CLA – A concentrated form of clinically studied CLA (Conjugated Linoleic Acid). CLA is a healthy source of natural energy.*

Beauty Blend – Provides a premium beauty blend to promote healthy skin hydration.* Includes key nutrients such as L-cysteine and L-methionine, and Lutemax 2020™.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

is a convenient, green
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to help fuel energy and

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