## **Supplement Facts**

Serving size: 2 Capsules
Servings per container: 30

	Amount per serving	%Daily value†
Vitamin C (as Ascorbic Acid)	250 mg	278%
Vitamin D (as Cholecalciferol)	25 mcg	125%
Zinc (as Zinc Amino Acid Chelate)	12.5 mg	114%
Turmeric Root Extract (STD 95% Curcuminoids	) 250 mg	*
Black Cumin Seed Powder	250 mg	*
Quercetin Dihydrate	125 mg	*
Perilla Leaf Extract (90% Luteolin) (Perilla Frutescens)	100 mg	*
Melatonin	5 mg	*
Bioperine® Black Pepper Extract (95% Piperine) (Piper Nigrum)	5 mg	*

- †Percent Daily Value(s) based on 2,000 calorie diet
- \* Daily Value not established

Other Ingredients: Cellulose (Capsule), Magnesium Stearate.



Dietary Supplement Net Content: 60 Capsules **Dosage and Administration:** Centurion Defender PM is a dietary supplement designed to help support immune health and assist in defending against viral strains such as the flu, common cold and coronavirus.\* Take 2 capsules daily before bed. Store out of direct sunlight in a cool, dry place. Capsule colors can change over time due to natural colors.

**CAUTION:** DO NOT EXCEED RECOMMENDED DOSAGE. CONSULT A PHYSICIAN IF YOU ARE PREGNANT, NURSING, OR TAKING ANY PRESCRIPTION MEDICATIONS.

DO NOT USE IF SEAL IS BROKEN OR MISSING. KEEP OUT OF REACH OF CHILDREN.

\*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



## **CENTURION**

Manufactured For: Centurion Labs, LLC Birmingham, AL 35242 1-888-886-2061

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