

# Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 90

|                                                    | Amount Per Serving | %DV    |
|----------------------------------------------------|--------------------|--------|
| Zinc (as zinc bisglycinate chelate)                | 15 mg              | 136%   |
| Choline (Alpha GPC)                                | 100 mg             | 18%    |
| Vitamin B2 (as Riboflavin 5' Phosphate)            | 2 mg               | 154%   |
| Vitamin B6 (as P5P)                                | 20 mg              | 1176%  |
| Carbonyl Iron                                      | 21 mg              | 117%   |
| Folate (as L-methylfolate and folinic acid)        | 1000 mcg DFE       | 250%   |
| Vitamin D3 (as cholecalciferol) (100,000 IU/G)     | 50 mcg             | 250%   |
| Vit B12 (as methylcobalamin and adenosylcobalamin) | 1000 mcg           | 41667% |

\*\* Daily Value (DV) not Established

Other ingredients: Vegetable Cellulose (Capsule), BergaFlow® Bergamot Fiber (Citrus bergamia Risso), Microcrystalline Cellulose.

BergaFlow™ is a trademark of HP Ingredients



# BUMP mini

NATURAL FOLATE PRENATAL VITAMIN



MADE IN USA

3 MONTHS SUPPLY

For Use Under  
Medical Supervision

90 CAPSULES  
NON GMO

90 DAY SUPPLY  
GLUTEN FREE

**Dosage and Administration:** Bump Mini is a dietary supplement designed to support the health and well-being of expecting and nursing mothers. Take 1 capsule daily or as directed under the supervision of a medical practitioner. Do not exceed recommended dose.

**KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or poison control center immediately.

**Storage:** Store at controlled room temperature, 15°-30° C (59°-86° F) [see USP]. Protect from light, moisture and avoid excessive heat.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured For:



3100 Bowling Dr Birmingham, AL 35242 United States  
centurionlabs.com | 888-886-2061



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