

Supplement Facts
Serving Size: 1 softgel

Amount Per Serving:	%Daily Value for Pregant and Lactating Women †	
Calories (energy)	5	
Cholesterol	<5mg	
Riboflavin [as Riboflavin-5-Phosphate Sodium]	3 mg	188%
Vitamin B6 [as pyridoxal phosphate and pyridoxine hydrochloride]	25 mg	1250%
Folate [as 1082 mcg calcium folinate and 918 mcg (6S)-5-methyltetrahydrofolic acid from 1.7 mg Quatrefolic®]	3400 mcg DFE	567%
Vitamin B12 [as adenosylcobalamin and methylcobalamine]	1 mg	35714%
Iron (as carbonyl iron from Ferronyl®)	15 mg	56%
Iodine (as potassium iodide)	250 mcg	86%
Magnesium (as magnesium oxide)	125 mg	31%
Zinc (as zinc biglycinate chelate)	15 mg	115%
Total Omega-3 Fatty Acids	365 mg	†
DHA (Docosaheaxaenoic Acid)	300 mg	†
EPA (Eicosapentaenoic Acid)	40 mg	†
Nicotinamide Adenine Dinucleotide	25 mcg	†

† Daily Value not established.

Other Ingredients: Highly Refined and Concentrated Omega-3 Marine Oil (One or More of Anchovy, Squid, Sardine, Herring, and Mackerel), Capsule Shell (Bovine Gelatin, Glycerine, Purified Water, Sorbitol, Caramel), Beeswax, Lecithin (Soy), Natural Mixed Tocopherols (Soy).

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. PATENTS: U.S. Patent Nos. 7582418; 7838042; and other patent applications pending. Quatrefolic® is a registered trademark of Gnosis S.p.A. US Patent No. 7,947,662.

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PRENATAL VITAMIN SUPPLEMENT

Net Content: 30 small softgels

For Use Under Medical Supervision

US PATENTED

Dosage and Administration: BumP DHA is a food for special dietary use in women before, during and after pregnancy. One softgel capsule or as directed under the supervision of a medical practitioner. Do not exceed the recommended dose.

Order at:

WWW.BUMPDHA.COM

- \$1/day
- Free Shipping
- Don't Like It? It's On Us!

WARNING: Accidental overdose of iron-containing product is a leading cause of fatal poisoning in children under 6. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or poison control center immediately.

Storage: Store at controlled room temperature, 15°-30° C (59°-86° F) [see USP]. Protect from light, moisture and avoid excessive heat.



CENTURION

Manufactured For:
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