

Supplement Facts
Serving Size: 1 softgel

Amount Per Serving:	%Daily Value for Pregnant and Lactating Women †	
Calories (energy)	5	
Cholesterol	<5mg	
Riboflavin (as Riboflavin-5-Phosphate Sodium)	3 mg	188%
Vitamin B6 (as pyridoxal phosphate and pyridoxine hydrochloride)	25 mg	1250%
Folate (as 1002 mcg calcium folinate and 918 mcg (6S)-5-methyltetrahydrofolic acid from 1.7 mg Quatrefolic®)	3400 mcg DFE	567%
Vitamin B12 (as adenosylcobalamin and methylcobalamin)	1 mg	35714%
Iron (as carbonyl iron from Ferronyl®)	15 mg	56%
Iodine (as potassium iodide)	250 mcg	86%
Magnesium (as magnesium oxide)	125 mg	31%
Zinc (as zinc bisglycinate chelate)	15 mg	115%
Total Omega-3 Fatty Acids	365 mg	†
DHA (Docosahexaenoic Acid)	300 mg	†
EPA (Eicosapentaenoic Acid)	40 mg	†
Nicotinamide Adenine Dinucleotide	25 mcg	†

† Daily Value not established.

Other Ingredients: Highly Refined and Concentrated Omega-3 Marine Oil (One or More of Anchovy, Squid, Sardine, Herring, and Mackerel), Capsule Shell (Bovine Gelatin, Glycerine, Purified Water, Sorbitol, Caramel), Beeswax, Lecithin (Soy), Natural Mixed Tocopherols (Soy).

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PATENTS: U.S. Patent Nos. 7,582,418; 7,838,042; and other patent applications pending.
Quatrefolic® is a registered trademark of Gnosis S.p.A. US Patent No. 7,947,662.

23359-110-30



Prenatal Vitamin Supplement

GLUTEN FREE • DYE FREE

SUGAR FREE



CENTURION

For Use Under Medical Supervision

Net Contents: 30 softgels

Dosage and Administration: Bump DHA is a food for special dietary use in women before, during and after pregnancy. One softgel capsule daily or as directed under the supervision of a medical practitioner. Do not exceed the recommended dose.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

KEEP OUT OF REACH OF CHILDREN.

Storage: Store at controlled room temperature, 15°-30° C (59°-86° F) (see USP). Protect from light, moisture and avoid excessive heat.

Manufactured For: Centurion Labs, LLC • Birmingham, AL 35242
1-888-886-2061

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