



ProBLEND combines 7 different proteins to fuel your body for a full four hours. Proteins are digested at different rates. By combining different proteins you enjoy an immediate, medium and extended source of nutrition as your body breaks protein down into amino acids. ProBLEND is rich in BCAAs and Essential Amino Acids and has Digestive Enzymes for maximum protein absorption.

ProBLEND includes an ideal ratio of protein, complex carbohydrates and healthy oils to support extended time-release of amino acids.

Immediate Release - Whey Protein Isolate, Whey Concentrate and Glutamine Peptides are absorbed within 30 minutes after you consume them.

Medium Release - Egg Protein and Milk Protein Isolate fuels your body with amino acids for 1.5 hours (90 mins). Egg is considered a perfect protein because it has the highest protein efficiency ratio.

Extended Release - Micellar Casein and Calcium Caseinate take much longer to digest. You get a full 4 hour release of amino acids. This makes these proteins ideal for appetite control.

TIME RELEASED PROTEIN



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## Nutrition Facts

Serving Size: 44g (1 Rounded Scoop)  
Servings Per Container: 30

Amount per Serving

Calories 200    Calories from Fat 50

% Daily Value\*

Total Fat 5.5 g 8%

Saturated Fat 1.5 g 8%

Trans Fat 0 g 0%

Cholesterol 60 mg 20%

Sodium 160 mg 7%

Potassium 220 mg 6%

Total Carbohydrate 13 g 4%

Dietary Fiber 5 g 20%

Sugar 2 g

Protein 24 g

Vitamin A 0 IU 0%

Vitamin C 0 mg 0%

Calcium 150 mg 15%

Iron 0.27 mg 2%

Phosphorous 100 mg 10%

Magnesium 18 mg 5%

\*Daily Values (DVs) are based on a 2,000 calorie diet.

\*\*Daily Values (DVs) not established.

Naturally Occurring Amino Acids Per Serving		
Alanine	1128mg	
Arginine	578mg	
Aspartic Acid	2672mg	
Cystine	737mg	
Glutamic Acid	3892mg	
Glycine	438mg	
Histidine	415mg	
Isoleucine	1359mg	
Leucine	2372mg	
Lysine	1842mg	
Methionine	607mg	
Phenylalanine	806mg	
Proline	1336mg	
Serine	1128mg	
Threonine	1589mg	
Tryptophan	368mg	
Tyrosine	737mg	
Valine	1128mg	

ALLERGEN WARNING: This product contains whey derived from dairy and Lecithin (to improve product mixability) derived from soybeans. Manufactured on equipment which processes products containing milk, eggs, soybeans, wheat, shellfish, fish oil, tree nuts, and peanut flavor.

Other Ingredients: Protein blend consisting of (Whey Protein Concentrate, Whey Protein Isolate, Milk Protein Isolate, Calcium Caseinate, Micellar Casein, Egg Whites, and Glutamine Peptides), Sunflower Powder consisting of (Sunflower Oil, Maltodextrin, Sodium Caseinate, Mono- & Diglycerides, Dipotassium Phosphate, Soy Lecithin, Sodium Silicoaluminate, and tocopherols), Polydextrose, Natural & Artificial Flavors, MCT Powder consisting of (Medium Chain Triglycerides, Nonfat Dry Milk, Disodium Phosphate, and Silicon Dioxide), Cellulose Gum, Sodium Chloride, Sucralose, Acetulfame Potassium, Papain, Aminogen, and Soy Lecithin.

