DIRECTIONS: As a dietary supplement, take contents of one pack daily with food.

Each pack contains:

Ultra Mega® Green Men's 50 Plus

## Supplement Facts

Amount Per Serving	% D	aily Value	(Vaccinium corymbosum), Cherry Puree Powo Cranberry Juice Powder (Vaccinium macroca	
Vitamin A (as Retinyl Acetate)	5000 IU	100%	Liver Health Blend	49 mg
Vitamin C (as Ascorbic Acid)	500 mg	833%	Artichoke Leaf Extract (Cynara scolymus), Mil	k Thistle Leaf Extract
Vitamin D (as Cholecalciferol D-3)	1600 IU	400%	(Silybum marianum)	10
Vitamin E (as d-alpha Tocopheryl Succinate)	30 IU	100%	n•Zimes** Proprietary Blend Amylase, Protease 4.5, Lipase, Glucoamylase	48 mg
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	25 mg	1667%	Protease 6.0, Papain, Cellulase, Malt diastase	
Riboflavin (Vitamin B-2)	25 mg	1471%	Bean Blend	10 mg
Niacín (as Niacinamide)	25 mg	125%	Fermented Soybean Powder (Glycine max), B	
Vitamin B-6 (as Pyridoxine Hydrochloride)	25 mg	1250%	(Phaseolus vulgaris), Garbanzo Bean Powder Bean Powder (Phaseolus vulgaris)	(Cicer arietinum), Kidney
Folic Acid	400 mcg	100%	Prostate Blend	48 mg
Vitamin B-12 (as Cyanocobalamin)	250 mcg	4167%	Pumpkin Seed Meal (Cucurbita pepo).	40 mg
Biotin	50 mcg	17%	Saw Palmetto Berries (Serenoa repens)	
Pantothenic Acid (as Calcium d-Pantothenate)	25 mg	250%	para-Aminobenzoic Acid	50 mg
Calcium (as Calcium Carbonate)	50 mg	5%	Choline Bitartrate	25 mg
lodine (as Potassium lodide & Kelp)	150 mcg	100%	Inositol	25 mg
Magnesium (as Magnesium Oxide)	25 mg	6%	N-Acetyl-L-Cysteine	15 mg
Zinc (as Zinc Oxide)	15 mg	100%	alpha-Lipoic Acid	10 mg
Selenium (as L-Selenomethionine)	200 mcg	286%	L-Glutathione	5 mg
Copper (as Copper Oxide & Hydrolyzed Protein Chel	ate) 2 mg	100%	Lutemax 2020™ Lutein	4 mg
Manganese (as Hydrolyzed Protein Chelate)	2 mg	100%	CereCalase™ Proprietary Blend	2 mg
Chromium (as Hydrolyzed Protein Chelate)	120 mcg	100%	Hemicellulase, beta-gluconase, Phytase	
Molybdenum (as Hydrolyzed Protein Chelate)	75 mcg	100%	Digestive Enzyme Blend	1 mg

satival. Chlorella Powder (Chlorella vulgaris). Spirulina Powder (Spirulina platensis), Kelp Powder (Ascophyllum nodosum), Wheat Grass Juice

Green Tea Leaves Extract (Camellia sinensis), Elderberry Powder Root Powder (Curcuma longal: Quercetin Dihydrate, Resveratrol (from

## Polygonum cuspidatum Root Extract)

Grape Seed Extract (Vitis vinifera). Oat Bran Flour (Avena sativa).

oleracea), Cauliflower Sprouts Powder (Brassica oleracea), Tomato Pas

Suppl	emen	t Facts
Serving Size One Tan		

(24% Ginkgo Flavonglycosides = 28.8 mg) (6% Terpene Lactones = 7.2 mg)

### Daily Value not established

Cellulose Cansule Fermented Sovbean Powder (Glycine max), Black Bean Powder Potency verified by GNC (Phaseolus vulgaris), Garbanzo Bean Powder (Cicer arietinum), Kidney procedure #5000. Conforms to

				ght. Mee gration.	
1	Phy	toste	erols		

## Supplement Facts

Phytosterols	

\* Daily Value not established. OTHER INGREDIENTS: Calcium Carbonate. Cellulose. Corn Starch. Titanium Dioxide (Natural Mineral Whitener), Vegetable

Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

ACTUAL SIZE

ACTUAL SIZE

 Daily Value not established. OTHER INGREDIENTS: Cellulose, Vegetable Acetoglycerides, Titanium

1 mg

800 mca

### CONTAINS: Soyheans and Wheat

onforms to USP <2091> for weight.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. scontinue use two weeks prior to surgery.

### Ginkgo Biloha

## Amount Per Serving

Amount Per Serving	-
Ginkgo biloba Leaf Extract	120 mg*
(24% Ciston Elementarian 20.0 mm)	120 1119

1 g EPA (Eicosapentaenoic Acid)(Omega-3) 215.7 mg I A (alpha-Linolenic Acid)(Omega-3 84.4 mg HA (Docosahexaenoic Acid)(Omega-3) 60 mg OTHER INGREDIENTS: Dicalcium Phosphate. Cellulose. Venetable

Oleic Acid (Omega-9) † Percent Daily Value based on a 2,000 calorie diet. Daily Value not established.

Calories from Fat

OTHER INGREDIENTS: Fish Body Oil, Borage Oil, Flax Seed Oil, Gelatin, Glycerin, Olive Oil, Caramel Color, Natural Lemon Flavor Conforms to USP <2091> for weight. Meets USP <2040>



50 mg

WARNING: Consult your physician prior to using this product if you Discontinue use two weeks prior to surgery

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

OTHER INGREDIENTS: Olive Oil, Gelatin, Glycerin, Caramel Color.

\* Daily Value not established.

weight. Meets USP <2040>

disintegration.

Fitanium Dioxide (Natural Mineral Whitener). Conforms to HSP <2091 > for

## Supplement Facts

### Dioxide (Natural Mineral Whitener), Chlorophyl

Whole Apple Powder (Malus numila). Blueberry Puree Powder (Vaccinium corymbosum), Cherry Puree Powder (Prunus cerasus),

mylase Cellulase Protease Linas

Boron (as Hydrolyzed Protein Chelate)

Zeaxanthin (as Zeaxanthin Isomers)

Amount Per Serving Saw Palmetto Berries Extract (Serence repens) (85% Fatty Acids = 136 mg)(0.2% Sterols = 0.32 mg)

### Omega Complex

## Supplement Facts

miActive Health Technologies

n•zimes nezimes® and CereCalase® are trademarks of National Enzyme Company. For More Information

1-888-462-2548 SHOP NOW @ GNC.COM

Distributed by: General Nutrition Corporation Pittsburgh, PA 15222



SCAN & LEARN MORE

To ensure a complete nutritional program, take daily with these GNC products:

- Ultra Probiotic Complex 25
- SuperFoods Whole Foods Blend
   TriFlex™

## GNC Protein

### GNC QUALITY COMMITMENT

For more than 75 years, GNC has been the leader in the development and manufacture of dietary supplements and is committed to producing the most superior products. We use only the highest quality ingredients manufactured under the strictest quality controls. Every raw material used is tested to ensure its purity and potency. Each product is dated and then shipped immediately to our stores to ensure that you are purchasing the freshest supplements available.

## **GNC GUARANTEE**

If you are not 100% completely satisfied, return the unused portion of the product with your receipt to a GNC store within 30 days. Our trained sales staff will either refund your purchase price or, if you prefer, assist you in finding a replacement product to help you LIVE WELL.

# **ULTRA MEGA GREEN MEN'S 50 PLUS**

Dietary Supplement

## WHOLE FOOD ENHANCED VITAPAK® PROGRAM FOR MEN OVER 50

- Green foods multivitamin formula with 1.600 IU of vitamin D-3
- Supports memory function and brain health with ginkgo biloba\*
- Promotes heart health with high potency Omega Complex\*
- May reduce the risk of heart disease with 800 mg of phytosterols\*





## GNC ULTRA MEGA® GREEN MEN'S 50 PLUS VITAPAK® PROGRAM

GNC Ultra Mega® Green Men's 50 Plus Vitapak® Program is a convenient green foods enhanced nutritional program that combines essential vitamins and minerals with plant and whole food based ingredients to support the optimal health of mature adults. Emerging research suggests that including green foods as part of a healthy nutritional plan can have a variety of health-enhancing effects and can help support overall wellness. This nutrient-dense whole food enhanced multivitamin formula has been designed to supply nutrition essential to support healthy aging

- Ultra Mega® Green Men's 50 Plus Multivitamin A green foods multivitamin designed specifically for mature adults featuring a superior blend of vitamins, minerals and natural nutrients to support a variety of men's health needs. This formula contains blends of antioxidants and natural nutrients to support heart and digestive health and promote overall immune functions, as well as a prostate health blend including lycopene, saw palmetto and selenium to support healthy prostate function. It also contains 1,600 IU of vitamin D-3 to support colon and bone health.\* Emerging research suggests that adequate daily vitamin D intake may play a role in supporting colon health.\*
- Standardized Ginkgo Biloba A natural herb that helps support increased peripheral blood flow and mental sharpness.\* Each daily serving provides 120 mg of ginkgo biloba.
- Omega Complex A healthy blend of omega 3, 6 and 9 fatty acids per daily serving. This blend includes EPA and DHA, essential omega-3 fatty acids known to support brain and joint health.\* Daily supplementation of omega-3 fatty acids also provides numerous heart-health benefits.\* They help to maintain healthy cholesterol levels and are necessary in the maintenance of normal blood pressure. Consumption of omega-3 fatty acids may reduce the risk of coronary heart disease. The FDA evaluated the data and determined that, although there is scientific evidence supporting the claim, the evidence is not conclusive.
- Phytosterols Natural plant compounds found in fruits and vegetables that help block cholesterol absorption. Plant phytosterols support healthy cholesterol levels. \*Scientific research shows that 400 mg per serving of free phytosterols taken twice a day with meals for a daily total of at least 800 mg, as part of a healthy diet low in saturated fat and cholesterol, may reduce the risk of heart disease. Each daily serving supplies 800 mg of phytosterols.
- Standardized Saw Palmetto A natural herb that supports healthy prostate function and normal urinary flow. Each daily serving provides 160 mg of saw palmetto berries extract

\* These statements have not been evaluated by the Food and Drug Administration This product is not intended to diagnose, treat, cure, or prevent any disease.