

CODE 349122
DIRECTIONS: As a dietary supplement, for optimal health benefits, take contents of one packet daily with food. Adult use only.
Each pack contains:
Mega Men® Multivitamin

Supplement Facts

Serving Size Two Beige Capslets		
Amount Per Serving	% Daily Value	
Vitamin A (50% as beta-carotene; 50% as Retinyl Acetate)	5000 IU	100%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	300 mg	500%
Vitamin D (as Cholecalciferol D-3)	1600 IU	400%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	30 IU	100%
Vitamin K (as Phytonadione)	80 mcg	100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg	3333%
Riboflavin (Vitamin B-2)	50 mg	2941%
Niacin (as Niacinamide and Niacin)	50 mg	250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	2500%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	833%
Biotin	300 mcg	100%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg	500%
Calcium (as Calcium Carbonate)	200 mg	20%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	100 mg	25%
Zinc (as Zinc Oxide)	25 mg	167%
Selenium (as L-Selenomethionine)	200 mcg	286%
Copper (as Cupric Oxide)	2 mg	100%
Manganese (as Manganese Sulfate)	2 mg	100%
Chromium (as Hydrolyzed Protein Chelate)	120 mcg	100%
Molybdenum (as Sodium Molybdate)	75 mcg	100%
Proprietary Amino Acid Blend	100 mg	*
L-Taurine, L-Methionine, L-Glutamine, L-Carnitine		
Antioxidant Fruit & Vegetable Blend	105 mg	*
Orange Peel Powder, Pumpkin Seed Meal, Saw Palmetto Berry Extract, Acai Fruit Powder, Cranberry Fruit Powder, Blueberry Pumace Powder, Pomegranate Fruit Powder, Broccoli Powder, Spinach Leaves Powder, Elderberry Fruit Powder, Grape Skin Powder, Tomato Powder		
alpha-Lipoic Acid	25 mg	*
Green Tea Leaf Extract (Camellia sinensis)	40 mg	*
Choline (as Choline Bitartrate)	10 mg	*
Inositol	10 mg	*

Amount Per Serving	% Daily Value	
Silica (as Silicon Dioxide)	4 mg	*
Boron (as Hydrolyzed Protein Chelate)	2 mg	*
Lutemax 2020™ Lutein	950 mcg	*
Lycopene	950 mcg	*
Zeaxanthin (as Zeaxanthin Isomers)	190 mcg	*
Astaxanthin	50 mcg	*
Vanadium (as Sodium Metavanadate)	10 mcg	*
* Daily Value not established.		

Other Ingredients: Cellulose, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides, Carmel Color, Ethyl Vanillin.
CONTAINS: Fish and Soybeans.

Hormone Health Blend

Serving Size Two Green-Filled Capsules		
Amount Per Serving	% Daily Value	
Fenugreek Seed Extract (Trigonella foenum-graecum)	600 mg	*
Tribulus terrestris Fruit Extract	98 mg	*
Eurycoma longifolia Root Extract (Tongkat Ali)	10 mg	*
Diindolylmethane	1 mg	*
Indole-3-Carbinol	1 mg	*
* Daily Value not established.		

Other Ingredients: Cellulose, Gelatin.

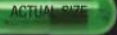
HOG

Blood Flow & Circulation

Supplement Facts

Serving Size One Dark-Green Capsule		
Amount Per Serving	% Daily Value	
resVida® trans-Resveratrol	30 mg	*
Lycopene	1 mg	*
* Daily Value not established.		

Other Ingredients: Cellulose, Gelatin, Artificial Colors (FD&C Blue #1, FD&C Yellow #5), Titanium Dioxide (Natural Mineral Whitener).



WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 YEARS. DO NOT USE IF PREGNANT OR NURSING. Consult a physician or licensed qualified health care professional before using this product, including, but not limited to, if you have, or have a family history of, prostate cancer, prostate enlargement, heart disease, low "good" cholesterol (HDL), or if you are using any other dietary supplement, prescription drug, or over-the-counter drug. Do not exceed recommended serving. Exceeding recommended serving may cause serious adverse health effects. Possible side effects include acne, hair loss, hair growth on the face (in women), aggressiveness, irritability, and increased levels of estrogen. Discontinue use and call a physician or licensed qualified health care professional immediately if you experience rapid heartbeat, dizziness, blurred vision, or other similar symptoms. To report any adverse event call 1-800-332-1088, KEEP OUT OF REACH OF CHILDREN. Use only as directed. Do not exceed recommended daily intake. Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

GNC QUALITY COMMITMENT

For more than 77 years, GNC has been the leader in the development of superior nutritional supplements. Our products are produced using only fresh, high-quality ingredients and are manufactured under the strictest quality controls.

GNC GUARANTEE

If you are not 100% completely satisfied, return the unused portion of the product with your receipt to a GNC store within 30 days. Our trained sales staff will either refund your purchase price or, if you prefer, assist you in finding a replacement product to help you LIVE WELL.

DHEA + Prostate & Virility Formula

Supplement Facts

Serving Size Two Green Capslets		
Amount Per Serving	% Daily Value	
Zinc (as Zinc Oxide)	1.5 mg	10%
Selenium (as Sodium Selenate)	7 mcg	10%
Prostate Formula		
Saw Palmetto Berries Extract (Serenoa repens) (Standardized to 45% fatty acids = 144 mg)	320 mg	*
beta-Sitosterols	80 mg	*
Pumpkin Seed Meal (Cucurbita pepo)	10 mg	*
Lycopene	1 mg	*
Virility Formula		
L-Arginine	200 mg	*
Nettle Leaf Powder (Urtica dioica)	100 mg	*
Yohimbe Bark Extract (Pausinystalia yohimbe) (Standardized to 2% yohimbine alkaloids = 1.2 mg)	60 mg	*
DHEA (Dehydroepiandrosterone)	50 mg	*
Horny Goat Weed (Epimedium sagittatum)	10 mg	*
Maca Root Powder (Lepidium meyenii)	10 mg	*
Oat Straw Powder (Avena sativa)	10 mg	*
Muira Puama Root Powder (Ptychopetalum olacoides)	10 mg	*
Damiana Leaf Powder (Turnera diffusa)	10 mg	*
* Daily Value not established.		

Other Ingredients: Cellulose, Dicalcium Phosphate, Vegetable Acetoglycerides, Chlorophyll, Titanium Dioxide (Natural Mineral Whitener).

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:

1-888-462-2548

SHOP NOW @ GNC.COM

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Pittsburgh, PA 15222



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GNC

MEGA MEN®

Healthy Testosterone

Dietary Supplement

VITAPAK® PROGRAM

- Scientifically designed by a leading urologist to help promote healthy testosterone levels*
- Clinically shown to improve a key marker crucial for peak performance, stamina & lean muscle*
- Features powerful ingredients to help support prostate health, urinary flow & sex drive*



30 PACKS



PHYSICIAN ENDORSED

NEW

Testosterone



Dr. Frank J. Costa, M.D.

GNC Mega Men® Healthy Testosterone Vitapak® Program is physician endorsed by Frank J. Costa, M.D., an internationally acclaimed urological surgeon, men's health expert and member of the GNC Medical Advisory Board.

"Adult men can benefit from dietary supplements that support hormones such as testosterone and DHEA when levels produced by the endocrine system naturally decline with age. I highly recommend the Mega Men® Healthy Testosterone Vitapak® Program for men interested in supporting healthy hormone levels and virility, as well as energy and stamina. This powerful combination of vitamins, minerals, herbs and other nutrients comprises an excellent addition to any comprehensive wellness strategy." — Frank J. Costa, M.D.

Mega Men® Healthy Testosterone Vitapak® Program provides a strategic approach to comprehensive dietary supplementation for adult men supporting virility, stamina, energy production, overall health and wellness.* This premium formula consists of key vitamins, minerals, herbs and other micronutrients essential for hormone development.*

- Mega Men® Multivitamin** – This clinically studied* multivitamin is specially formulated with 1,600 IU of vitamin D-3 and an exclusive amino acid matrix that works with the body's essential biological framework to support energy production, musculoskeletal support, immune function, colon health and the efficient metabolism of fats, carbohydrates and protein.* An integrated antioxidant-rich superfood and herb blend also helps fight cell-aging with powerful antioxidants.*
- Hormone Health Blend** – Fenugreek seed extract is clinically proven to support healthy testosterone levels that may play a role in sexual function and desire.* Mega Men® Healthy Testosterone Vitapak® Program contains 600 mg of GNC's highest quality fenugreek seed extract offered.
- Blood Flow & Circulation** – resVida® Resveratrol has been clinically proven to significantly enhance blood vessel dilation.* This formula also features lycopene, an antioxidant that may support prostate health.*
- DHEA + Prostate & Virility Formula** – This matrix combines DHEA with key components like L-arginine, a nitric oxide precursor active in healthy male sexual function, yohimbe bark extract – the traditional herb of choice for performance support – and 320 mg best-in-class saw palmetto berries extract, well known for its role in prostate health.*

*In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blend in this product for six weeks experienced statistically significant improvements in markers of B vitamin and antioxidant status, as well as improvements in SF-36 Vitality and Mental Health scores compared to those taking a placebo.

*In a randomized, double-blind, placebo-controlled crossover study, 19 volunteers consumed three doses of resVida® (30 mg, 90 mg, 270 mg) and a placebo at weekly intervals. Flow-mediated dilatation (FMD) of the brachial artery was then measured one hour after ingestion of each treatment. FMD was significantly increased at all 3 doses relative to placebo, with 30 mg of resVida demonstrating a 2.5% greater increase in FMD relative to placebo.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.