

X Blend 7 combines 7 different proteins to fuel your body for a full four hours. Proteins are digested at different rates. By combining different proteins you enjoy an immediate, medium and extended source of nutrition as your body breaks protein down into amino acids. **X Blend 7** is rich in BCAAs and Essential Amino Acids and has Digestive Enzymes for maximum protein absorption.

X Blend 7 includes an ideal ratio of protein, complex carbohydrates and healthy oils to support extended time-release of amino acids.

Immediate Release: Whey Protein Isolate, Whey Concentrate and Glutamine Peptides are absorbed within 30 minutes after you consume them.

Medium Release: Egg Protein and Milk Protein Isolate fuels your body with amino acids for 1½ hours (90 minutes). Egg is considered a perfect protein because it has the highest protein efficiency ratio.

Extended Release: Micellar Casein and Calcium Caseinate take much longer to digest. You get a full 4 hour release of amino acids. This makes these proteins ideal for appetite control.

DIRECTIONS: Mix 2 rounded scoops (44g) with 6-8oz of milk, water or your favorite beverage. Vary the amount of liquid for taste preference.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Xcel
SPORTS NUTRITION
XcelSportsNutrition.com



TIME RELEASED PROTEIN



BLEND SEVEN

COOKIES 'N CREAM

DIGESTIVE ENZYMES FOR ABSORPTION // 4 HOUR PROTEIN RELEASE //
5G BCAA'S PER SERVING // BLEND OF 7 PROTEINS // MIXES INSTANTLY

DIETARY SUPPLEMENT // NET WT. 3LBS

TIME RELEASED PROTEIN

NUTRITION FACTS

Serving Size: 44g (2 Rounded Scoops)

Servings Per Container: 30

Amount per Serving

Calories 200 Calories from Fat 50

% Daily Value*

Total Fat 5.5 g 8%

Saturated Fat 1.5 g 8%

Trans Fat 0 g 0%

Cholesterol 60 mg 20%

Sodium 160 mg 7%

Potassium 220 mg 6%

Total Carbohydrate 13 g 4%

Dietary Fiber 5 g 20%

Sugar 2.5 g

Protein 24 g

Vitamin A 0 IU 0%

Vitamin C 0 mg 0%

Calcium 150 mg 15%

Iron 0.27 mg 2%

Phosphorous 100 mg 10%

Magnesium 18 mg 5%

*Daily Values (DVs) are based on a 2,000 calorie diet.

**Daily Values (DVs) not established.

Other Ingredients: Protein blend consisting of (Whey Protein Concentrate, Whey Protein Isolate, Milk Protein Isolate, Calcium Caseinate, Micellar Casein, Egg Whites, and Glutamine Peptides), Sunflower Powder consisting of (Sunflower Oil, Maltodextrin, Sodium Caseinate, Mono- & Diglycerides, Dipotassium Phosphate, Soy Lecithin, Sodium Silicoaluminate, and tocopherols), Polydextrose, Cookie Piece consisting of (Wheat Flour, Sugar, Canola Oil, Cocoa (Processed with alkali), Salt, and Sodium Bicarbonate), Natural & Artificial Flavors, MCT Powder consisting of (Medium Chain Triglycerides, Nonfat Dry Milk, Disodium Phosphate, and Silicon Dioxide), Cellulose Gum, Sodium Chloride, Sucralose, Acesulfame Potassium, Papain, Aminogen, and Soy Lecithin.

ALLERGEN WARNING: This product contains whey derived from dairy and Lecithin (to improve product mixability) derived from soybeans. Manufactured on equipment which processes products containing milk, eggs, soybeans, wheat, shellfish, fish oil, tree nuts, and peanut flavor.

MADE IN USA

RECYCLED

Naturally Occurring Amino Acids Per Serving

Alanine 1128mg

Arginine 576mg

Aspartic Acid 2672mg

Cystine 737mg

Glutamic Acid 3892mg

Glycine 438mg

Histidine 415mg

Isoleucine 1369mg

Leucine 2372mg

Lysine 1842mg

Methionine 507mg

Phenylalanine 806mg

Proline 1336mg

Serine 1128mg

Threonine 1589mg

Tryptophan 368mg

Tyrosine 737mg

Valine 1128mg

