

SUGGESTED USAGE: Add 1 level scoop (43 g) daily to 8 oz. of cold water, milk, or your favorite juice, and blend.

NOW® Whey Protein is a delicious blend of three of the highest quality whey protein concentrates and isolates from around the world: Ultrafiltered, Microfiltered and Enzymatically Hydrolyzed (partially predigested). This blend of specially processed whey proteins is designed to maximize amino acid absorption and Biological Value (BV). In addition, extra L-Glutamine has been added (380 mg per serving) to this blend.

Whey protein is considered to have the highest Biological Value of any protein source – superior in essential amino acid content to beef, milk, casein or soy.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Contains Xylitol, do not feed to pets.

Made in the USA

CODE 2178C V5



Whey Protein

strawberry

No Artificial Ingredients

**Ultrafiltered • Microfiltered
Branched Chain Amino Acids
Added Glutamine**

Net Wt. 2 lbs. (907 g)



Nutrition Facts

Serving Size 1 Level Scoop (43 g)
Servings Per Container about 21

Amount Per Serving

Calories 170 Calories from Fat 20

% Daily Value*

Total Fat 2 g 3%

Saturated Fat 1 g 5%

Trans Fat 0 g

Cholesterol 50 mg 17%

Sodium 75 mg 3%

Potassium 230 mg 7%

Total Carbohydrate 8 g 3%

Dietary Fiber 2 g 8%

Sugars 1 g

Xylitol 2 g

Protein 26 g 52%

Vitamin A 0% • Vitamin C 0%

Calcium 15% • Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on your calorie needs:

		2,000 Calories	2,500 Calories
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium	Less than	3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Whey Protein Blend [Ultrafiltered Whey Protein Concentrate (including β -lactoglobulin, α -lactalbumin, Immunoglobulins and Serum Albumin), Microfiltered Whey Protein Isolate (including β -lactoglobulin, α -lactalbumin, Immunoglobulins and Glycomacro Peptides) and Enzymatically Hydrolyzed Whey Protein Concentrate], Xylitol, Natural Flavors, Xanthan Gum, BetterStevia™ [Organic Stevia Extract (Leaf)], Free-Form L-Glutamine and Beet Powder.

Contains milk and soy.

Typical Amino Acid Profile (example) (per serving)**

Essential Amino Acids	mg Per 43 g Serving
L-Isoleucine	1709
L-Leucine	2973
L-Lysine	2248
L-Methionine	607
L-Phenylalanine	887
L-Threonine	2062
L-Tryptophan	458
L-Valine	1630
Non-Essential Amino Acids	
L-Alanine	1357
L-Arginine	930
L-Aspartic Acid	3088
L-Cysteine	716
L-Glutamic Acid	5022
L-Glutamine	380
Glycine	592
L-Histidine	518
L-Proline	2199
L-Serine	1544
L-Tyrosine	919

** subject to natural variability

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For more product information
visit www.nowfoods.com/2178

Not manufactured with wheat, gluten, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product is sold by weight not volume.

Store in a cool, dry place after opening.

Please Recycle.