



# LION'S MANE

## MEMORY & NERVE SUPPORT\*

Feeling foggy? Lion's Mane—known as "The Smart Mushroom"—is the perfect choice for anyone seeking support for cognition, memory, and focus. Besides promoting brain health, Lion's Mane also supports mood and immune system health.\*

*Paul Stamets*

**DIRECTIONS:** As a dietary supplement, take 3 gummies once per day. Chew thoroughly. Can be taken with food or on an empty stomach or as recommended by your healthcare professional.

Caution: If you have a medical condition, are taking medications, or are pregnant or breastfeeding, consult a healthcare professional before using this product. Keep out of reach of children.

\* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



NGHE90  
REV B1



HOST DEFENSE® *Mushrooms™*  
made with organic mushroom mycelium

# LION'S MANE GUMMIES



**BLUEBERRY FLAVORED**  
WITH OTHER NATURAL FLAVORS



## MEMORY & NERVE SUPPORT\*

DIETARY SUPPLEMENT

90 GUMMIES

## Supplement Facts

Serving Size: 3 gummies  
Servings Per Container: 30

Amount Per Serving	% Daily Value	
Calories	25	
Total Carbohydrate	6g	2% <sup>◇</sup>
Total Sugars	4g	†
Includes 4g Added Sugars		8% <sup>◇</sup>
Lion's Mane ( <i>Hericium erinaceus</i> ) mycelium <sup>‡</sup> /fermented brown rice biomass <sup>‡</sup>	1g	†

<sup>◇</sup>Percent Daily Values (DV) are based on a 2,000 calorie diet  
<sup>†</sup>Daily Value not established

Other Ingredients: Tapioca Syrup<sup>‡</sup>, Cane Sugar<sup>‡</sup>, Agar<sup>‡</sup> (Agar<sup>‡</sup>, Locust Bean Gum<sup>‡</sup>), Natural Flavors<sup>‡</sup>, Citric Acid (for freshness), Vegetable Juice<sup>‡</sup> (for color), Monk Fruit Extract  
<sup>‡</sup> Certified Organic

DISTRIBUTED BY FUNGI PERFECTI, LLC  
PO BOX 7634 OLYMPIA, WA 98507 USA  
TOLL FREE: 877-504-6926 HOSTDEFENSE.COM  
CERTIFIED ORGANIC BY THE WSDA

