

SUGGESTED USAGE: Add 1 level scoop (28 g) daily to 8 oz. of cold water, milk, or your favorite juice, and blend.

NOW® Whey Protein Isolate is a high quality protein that is both bioavailable and easily digested. Whey protein has naturally occurring Branched Chain Amino Acids (BCAA's). NOW® Whey Protein Isolate is ideal for active individuals.

Whey protein is considered to have the highest Biological Value of any protein source – superior in essential amino acid content to beef, milk, casein or soy.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Made in the USA

CODE 2174 V4



POWER SIZE

No Artificial Ingredients
Mixes Instantly • Microfiltered
Branched Chain Amino Acids

Net Wt. 5 lbs. (2268 g)



Whey Protein Isolate

Natural Unflavored

Nutrition Facts

Serving Size 1 Level Scoop (28 g)
 Servings Per Container about 81

Amount Per Serving		Calories from Fat 5	
		% Daily Value*	
Calories	110		
Total Fat	0.5 g		< 1%
Saturated Fat	0 g		0%
Trans Fat	0 g		
Cholesterol	5 mg		2%
Sodium	45 mg		2%
Potassium	135 mg		4%
Total Carbohydrate	< 1 g		< 1%
Dietary Fiber	0 g		0%
Sugars	< 1 g		
Protein	25 g		50%
Vitamin A	0%	•	Vitamin C 0%
Calcium	15%	•	Iron 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
		2,000 Calories	2,500 Calories
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium	Less than	3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4			

Ingredients: Microfiltered Whey Protein Isolate (including β -lactoglobulin, α -lactalbumin, immunoglobulins and Glycomacro Peptides) and Soy Lecithin (< 1%).

Contains milk and soy.

Formulated & Distributed by
 NOW FOODS
 395 S. Glen Ellyn Rd.
 Bloomingdale, IL 60108, USA
 For more product information
 visit www.nowfoods.com/2174

Typical Amino Acid Profile (example) (per serving)**

Essential Amino Acids	mg Per 28 g Serving
L-Isoleucine	1568
L-Leucine	2716
L-Lysine	2716
L-Methionine	560
L-Phenylalanine	812
L-Threonine	1708
L-Tryptophan	448
L-Valine	1288
Non-Essential Amino Acids	
L-Alanine	1288
L-Arginine	588
L-Aspartic Acid	2716
L-Cysteine	728
L-Glutamic Acid	4788
Glycine	448
L-Histidine	420
L-Proline	1540
L-Serine	1036
L-Tyrosine	756

** subject to natural variability

Not manufactured with wheat, gluten, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product is sold by weight not volume.

Store in a cool, dry place after opening.

Please Recycle.