

SUGGESTED USAGE: Add 1 level scoop (33 g) daily to 8 oz. of cold water or milk, and blend.

NOW® Whey Protein Isolate is a high quality protein that is both bioavailable and easily digested. Whey protein has naturally occurring Branched Chain Amino Acids (BCAA's). NOW® Whey Protein Isolate is ideal for active individuals.

Whey protein is considered to have the highest Biological Value of any protein source – superior in essential amino acid content to beef, milk, casein or soy.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Contains Xylitol, do not feed to pets.

Made in the USA

CODE 2162C V5



Whey Protein Isolate

Dutch Chocolate



No Artificial Ingredients

**Mixes Instantly • Microfiltered
Branched Chain Amino Acids**

Net Wt. 1.8 lbs. (816 g)



Nutrition Facts

Serving Size 1 Level Scoop (33 g)
Servings Per Container about 25

Amount Per Serving	
Calories 120	Calories from Fat 5
% Daily Value*	
Total Fat 0.5 g	< 1%
Saturated Fat < 0.5 g	2%
Trans Fat 0 g	
Cholesterol 5 mg	2%
Sodium 85 mg	4%
Potassium 220 mg	6%
Total Carbohydrate 2 g	< 1%
Dietary Fiber 2 g	8%
Sugars 0 g	
Xylitol < 1 g	
Protein 25 g	50%
Vitamin A 0%	Vitamin C 0%
Calcium 15%	Iron 8%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	2,000 Calories
	2,500 Calories
Total Fat	Less than 65g
Sat. Fat	Less than 20g
Cholesterol	Less than 300mg
Sodium	Less than 2,400mg
Potassium	Less than 3,500mg
Total Carbohydrate	300g
Dietary Fiber	25g
Protein	50g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Ingredients: Microfiltered Whey Protein Isolate (including β -lactoglobulin, α -lactalbumin, Immunoglobulins and Glycomacro Peptides), Cocoa, Natural Flavors, Xanthan Gum, Xylitol, BetterStevia™ [Organic Stevia Extract (Leaf)], Sea Salt and Soy Lecithin.

Contains milk and soy.

Typical Amino Acid Profile (example) (per serving)**

Essential Amino Acids	mg Per 33 g Serving
L-Isoleucine	1591
L-Leucine	2909
L-Lysine	2756
L-Methionine	480
L-Phenylalanine	733
L-Threonine	2247
L-Tryptophan	537
L-Valine	1671
Non-Essential Amino Acids	
L-Alanine	1364
L-Arginine	506
L-Aspartic Acid	2887
L-Cysteine	594
L-Glutamic Acid	5486
Glycine	404
L-Histidine	372
L-Proline	1631
L-Serine	1398
L-Tyrosine	762
Total	28,328 mg

** subject to natural variability

Formulated & Distributed by
NOW FOODS
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For more product information
visit www.nowfoods.com/2162

Not manufactured with wheat, gluten, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product is sold by weight not volume.

Store in a cool, dry place after opening.

Please Recycle.