**SUGGESTED USAGE:** Add 1 level scoop (32 g) daily to 8 oz. of cold water, milk, or your favorite juice, and blend.

NOW® Whey Protein Isolate is a high quality protein that is both bioavailable and easily digested. Whey protein has naturally occurring Branched Chain Amino Acids (BCAA's). NOW® Whey Protein Isolate is ideal for active individuals.

Whey protein is considered to have the highest Biological Value of any protein source – superior in essential amino acid content to beef, milk, casein or soy.

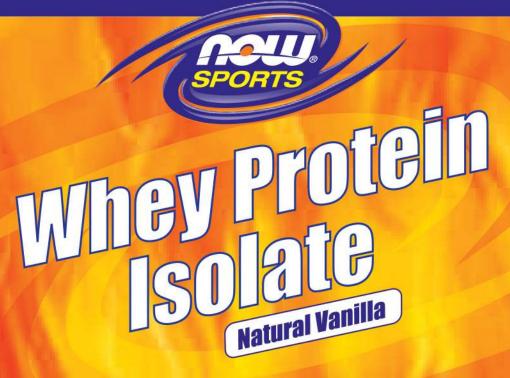
NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Contains Xylitol, do not feed to pets.

Made in the USA

**CODE 2159C V3** 





**POWER SIZE** 

No Artificial Ingredients

Mixes Instantly • Microfiltered Branched Chain Amino Acids

Net Wt. 5 lbs. (2268 g)



## **Nutrition Facts**

Serving Size 1 Level Scoop (32 g) Servings Per Container about 71

<b>Amount Per</b>	Serving		
Calories 120		Calories from Fat 5	
		%	Daily Value*
Total Fat 0.5	g		< 1%
Saturated	Fat < 0.5 g		< 1%
Trans Fat	0 g		
Cholesterol	5 mg		2%
Sodium 50	mg	2%	
Potassium	160 ma	5%	
Total Carbo		a	< 1%
Dietary Fit		-	4%
Sugars 0 d			1 1/1 1/10
Xylitol 1 g			
Protein 25 g	1		50%
Vitamin A 0%		Vitamin C 0%	
Calcium 15% •		Iron 2%	
	es may be h		2,000 calorie diet. er depending on 2,500 Calories
Total Fat Sat. Fat Cholesterol Sodium Potassium Total Carbon Dietary Fib		65g 20g 300mg 2,400mg 3,500mg 300g 25g	80g 25g 300mg 2,400mg 3,500mg 375g 30g

Ingredients: Microfiltered Whey Protein Isolate (including B-lactoglobulin, α-lactalbumin, Immunoglobulins and Glycomacro Peptides), Xylitol, Natural Vanilla Flavors, Xanthan Gum, BetterStevia ™ [Organic Stevia Extract (Leaf)] and Soy Lecithin.

Contains milk and soy.

Calories per gram:

Fat 9 · Carbohydrate 4 · Protein 4

Typical Amino Acid Profile (example) (per serving)**		
Essential Amino Acids	mg Per 32 g Serving	
L-Isoleucine	1642	
L-Leucine	3003	
L-Lysine	2845	
L-Methionine	495	
L-Phenylalanine	757	
L-Threonine	2319	
L-Tryptophan	554	
L-Valine	1724	
Non-Essential Ami	ino Acids	
L-Alanine	1407	
L-Arginine	522	
L-Aspartic Acid	2980	
L-Cysteine	613	
L-Glutamic Acid	5663	
Glycine	417	
L-Histidine	384	
L-Proline	1683	

Formulated & Distributed by NOW FOODS 395 S. Glen Ellyn Rd. Bloomingdale, IL 60108, USA For more product information visit www.nowfoods.com/2159

subject to natural variability

1443

786

Not manufactured with wheat, gluten, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product is sold by weight not volume.

Store in a cool, dry place after opening.

Please Recycle.

L-Serine

L-Tyrosine