



**clean
label**
PROJECT
CERTIFIED



Suggested Use: Take 1 capsule (1 serving) twice daily, preferably with a meal, or as recommended by your healthcare provider.

Caution: Use only as directed. Consult your healthcare provider before use if you are contemplating pregnancy, are nursing, use any medications, or have any medical condition, especially an autoimmune, liver, or thyroid condition. Not recommended for use during pregnancy. Avoid use if you are allergic to any plant in the nightshade family. For adult use only. Keep this product out of reach of children. Do not use if tamper evident seal is broken or missing. Store in a cool, dry place.

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**Wholesome
Story®**

Ashwagandha

KSM-66®

Dietary Supplement
60 Vegetarian Capsules



Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 60

Amount Per Serving	%DV
Vegan KSM-66® Ashwagandha Root Extract 300 mg ** (<i>Withania somnifera</i>)	
Standardized to >5% Withanolides	

**Daily Value (DV) not established.

Other Ingredients: Rice Flour, Methylcellulose (Capsule).

Manufactured for: **Wholesome Story**
PO Box 15344, Seattle, WA 98115
www.wholesomestory.com

